

HOLDERS OF THE UK UIAA/ICAR/ISMM

DIPLOMA OF MOUNTAIN MEDICINE

Award holders are listed in order of award of the Diploma and the sequence has no relevance to experience or expertise.

0001 Dr Jim Milledge (deceased) Hon Diploma Awarded PYB course Dec 2003 with full approval of UIAA Med Com.

Retired Respiratory Physician. Hon. Prof. Centre for Space and Extreme Environmental Medicine, UCL. Past President Int. Soc. Mt. Med. Hon. Medical Advisor BMC. Corresponding member UIAA Med. Com. An interest in mountain medicine and physiology for 55 years. Author of numerous papers and, with friends, of the standard textbook on the subject.

0002 Dr David Hillebrandt Awarded 1/1/2004.

Dr David Hillebrandt Awarded 1/1/2004. Derriton House, Derriton, Holsworthy, Devon. EX22 6JX. Tel: 01409 253814. Semi "retired" GP. Interest in Prehospital Care & Travel Medicine. BMC Hon Medical Advisor. UIAA Medcom member retired President. ISMM member, BMG Hon Medical advisor, Medical Advisor to Jagged Globe, UK frostbite advice service. Member: BASICS, BMC, Alpine Club, Climbers Club, Eagles Ski club. Experience of expedition mountaineering, sea cliff climbing, ice climbing, ski mountaineering and travel medicine. Available for lectures, teaching, advice and clinical opinion. Email davidhillebrandt1@gmail.com

0003 Dr Piotr Szawarski Awarded 3/3/04. FRCA, MSc Infectious Diseases, EDIC, DipMtMed(UIAA). London Based. Consultant Intensive Care Medicine and Anaesthesia. Interests: Expedition and altitude medicine. Email piotr.szawarski@gmail.com

0004 Dr Brian Tregaskis Awarded 13/9/04. Consultant Physician, Belford Hospital, Fort William, Scotland. Doctor to the Lochaber Mountain rescue Team. General Mountaineering Interest. Available for advice in Fort William & Glencoe areas. Email btregaskis@nhs.net

0005 Dr Kyle Pattinson Awarded 3/9/04.

0006 Prof Chris Imray Awarded 13/9/04. Vascular, Transplant and General Surgeon at Warwick Medical School with specific interest in frostbite, non-freezing cold injuries and AMS. General Mountaineering interest. Deputy climbing leader of the Caudwell Xtreme Everest Medical Research Expedition. Author of numerous papers and chapters on both frostbite, NFI and cerebral perfusion. PhD on cerebral perfusion in the hypoxic and ischaemic brain. Available for lectures, teaching, advice and clinical opinion.

Runs with Dr David Hillebrandt, Dr Paul Richards the BMC internet frostbite service: <http://www.thebmc.co.uk/Category.aspx?category=19>

Member: Alpine Club, Climbers Club, BMRES, CASE.

Website: www.christopherimray.co.uk. Email chrisimray@aol.com

0007 Dr Andrew Knight Awarded 13/9/04. Now retired from clinical practice.

0008 Dr Jon Dallimore Awarded 21/9/04.

0009 Dr Matthew Litchfield Awarded 17/11/04. GP University of Nottingham Health Service.

0010 Dr Catherine Farrow Awarded 17/11/04. Consultant in Anaesthetics/ICU, Bradford Royal. Interests: General mountaineering, fell running, mountain marathons, endurance events. Has worked for NZ flying doctor service. Email cazzafarrow@doctors.org.uk

0011 Dr Robert McGregor Awarded 17/11/04. Consultant Anaesthetist with interest in acute pain management. Experience in Alpine Mountaineering and UK summer and winter climbing. Eastbourne District Hospital. Email robert.mcgregor@doctors.org.uk

0012 Dr RIP Dornan Awarded 24/11/04.

0013 Dr Juergen Klein Awarded 24/11/04.

0014 Dr Laurie Tomlinson Awarded 9/12/04

0015 Dr Andy Clark Awarded 12/2004. GP NE England. Active Mountaineer, climber and skier at home and abroad. Advice and consultation given to individuals and groups. Contact: 10 Hill Meadows, High Shincliffe, Durham, DH1 2PE. Tel: 07885 543674. Email andy.clark@doctors.org.uk

0016 Dr Nicholas Mason Awarded 12/2004.

0017 Dr Catharine Wilson Awarded 12/2004. Consultant Paediatric Anaesthetist. Sheffield. Email Catharinewilson@yahoo.co.uk

0018 Dr Gerald Dubowitz Awarded 12/2004.

0019 Dr Mike Brookes Awarded 16/6/05. Interests in medicine in hazardous environments (altitude, hyperbaric, underground, remote access, desert and arctic). Offers tailor made advice and instruction in all aspects of medical support including command and control and logistics. Based in North Yorkshire. Email mike.brookes@gp-b82622.nhs.uk

0020 John Dick Awarded 11/7/05. London based Consultant Anaesthetist and member of Centre for Aviation, Space and Extreme Environment Medicine www.case.ucl.ac.uk. Interests include expedition medicine, trauma management and high altitude physiology. Email johndick99@hotmail.com

0022 Dr John David Keitz Awarded 16/9/05. Practices Emergency Medicine and is located in the USA. Interests include rock climbing and high altitude mountaineering. Available for questions, lectures and as expedition physician. Email davidkeitz@yahoo.com

0023 Dr Annabel Nickol Awarded 11/11/05. Consultant in Respiratory Medicine, Sleep and Ventilation Lead, Oxford Centre for Respiratory Medicine. Running a research programme investigating pulmonary responses to hypoxia. Chairman of Medical Expeditions (www.medex.org.uk). Contact: Oxford Centre of Respiratory Medicine, Churchill Hospital, Oxford OX3 7LE. Tel: 0779 356 3358. Email annabel.nickol@ndm.ox.ac.uk

0024 Dr Paul Richards Awarded 24/11/05. GP Essex Based. Fellow Faculty Travel Medicine RCPSG. Director Medical Expeditions. Interests -Altitude, Expeditions, Travel Medicine, Wilderness and Austere Medicine, Diabetes in remote environments, Frostbite and Off Grid Power Systems. Email paul@medex.org.uk

0025 Prof Mike Grocott Awarded 25/11/05. Work: Professor of Anaesthesia and Critical Care Medicine, Head of Centre for Human Integrative Physiology, University of Southampton. Consultant in Perioperative and Critical Care Medicine, University Hospital Southampton NHS Foundation Trust. Executive chair, Xtreme Everest Oxygen Research Consortium; Expedition Leader of 2007 Caudwell Xtreme Everest Expedition (www.xtreme-everest.co.uk) and co-director, UCL Centre for Aviation, Space and Extreme Environment Medicine (www.case.ucl.ac.uk). Interested in high altitude expedition mountaineering and understanding human responses to low oxygen levels. Medex Member. Available for lectures, teaching, advice and clinical opinion. Email mike.grocott@soton.ac.uk

0026 Dr Morne Pienaar Awarded 25/11/05. Special interests in acute medicine, endurance events and sports medicine. Qualified in South Africa. Based in Queenstown, New Zealand. Email Morras_76@yahoo.com

0027 Dr Isabel Syndikus Awarded 25/11/05. Consultant Clinical Oncologist, Clatterbridge Centre for Oncology, Bebington, Wirral, Merseyside. Special Interest in Rockclimbing and Ski Mountaineering. Available for advice and lectures. Email Isabel.syndikus@nhs.net

0028 Dr Jan Richards Awarded 25/11/05.

0029 Dr Anne Radford Awarded 25/11/05.

0030 Dr Anthony Kehoe Awarded 25/11/05.

0031 Dr Alice Murray Awarded 17/12/05. Emergency Medicine SpR in Edinburgh. Was in Pheriche Spring 2006. Spent a year in Boston Massachusetts on an Emergency Medicine Ultrasound Fellowship. Interests in high altitude expeditions and research. Email alicefmurray@gmail.com

0032 Dr Will Jones Awarded 28/12/05.

0033 Dr Niall van Someren Awarded 17/01/06.

0034 Dr Pete Davis Awarded 10/2/06. MRCGP, FACEM. Dip IMC. Consultant in Emergency Medicine with Defence Medical Services & Southern General Hospital, Glasgow. G51 4TF. Tel: 0141 201 1100 ext 1268. Special Interests: Mountain Medicine, Prehospital emergency care & retrieval medicine.

0035 Dr Debbie Miller Awarded 10/2/06.

0036 Dr Nigel Hart Awarded 10/2/06. GP Belfast. Interests: General Mountaineering, climbing, endurance events, experience trekking with children and teenagers. Email nigelhart@bigfoot.com

0037 Dr Roger McMorrow Awarded 11/2/06.

0038 Dr Alexander Martin-Bates Awarded 10/3/06. MBBS, BSc (Hons), MRCP, Dip IMC (RCS Edi), Dip Mnt Med, Dip Med Ed, DTM&H. Army General Practitioner, UK/Cyprus Based. Interests : trauma, pre-hospital care, remote/tropical medicine and medical education. Keen summer and winter mountaineer (and skier) in UK and Alps. Experience on several world wide expeditions. Available for advice, expedition planning on climbing/mountaineering and remote area trips. Email Bates100@yahoo.com

0039 Wing Commander Jon Naylor MB ChB MRCP RAF.
Awarded 12/3/06. Consultant in Respiratory and General Medicine, Ministry of Defence Hospital Unit, Peterborough District Hospital, Thorpe Road, Peterborough PE3 6DA. Tel: 01733 875065. Interests: Expedition and high altitude medicine, aviation medicine, respiratory failure and non-invasive ventilation. Email Jon.Naylor@pbh-tr.nhs.uk

0040 Dr Anja Kuttler Awarded 1/6/06. FRCA, DCH. Consultant Anaesthetist. Medex member since 1994. Member two Medex expeds to Nepal. Email annakuttler@doctors.net.uk

0041 Lt Col Mike Rodger. Awarded 10/7/06. BSc (Healthcare Ethics & Law) MBChB (with European Studies) MSc (Orth Eng) FRCS (Trauma & Orth) RAMC. Consultant Trauma and Orthopaedic Surgeon, Royal Centre for Defence Medicine, University Hospital Birmingham. Expeditionary experience to desert, temperate, arctic, alpine and Himalayan regions and to Airborne Forces. Medical Officer to Everest West Ridge Expedition 2006. Email mike.rodger@doctors.org.uk

0042 Dr Michael Schupp Awarded 6/8/06. Consultant Anaesthetist. Address: 29B Alexandra Rd, Stoneygate, Leicester, LE2 2BB. Tel: 0797 7542309. Special interest in Cardiothoracic Anaesthesia and High Altitude Medicine. Research interest in control of breathing and sleep at high altitude. Available for advice and as expedition doctor. Email mbschupp@aol.com

0043 Dr Helen Hoar Awarded 23/1/07.

0044 Dr Maggie Beazley Awarded 23/1/07. Lives in Cumbria. GP in Carlisle. Interests: general/ski mountaineering. Has had experience as medical officer in high altitude research expeditions Himalaya Andes and Alps. Email mbeazley@doctors.org.uk

0045 Dr Helen Jenkins Awarded 23/1/07. General Practitioner, Carmarthen, South Wales. Tel 01267 267046, Interest in expedition medicine, medical officer on many expeditions, including high altitude treks. Available for advice, lectures and as expedition doctor. Email h_jenkins64@hotmail.com



0046 Dr Monica Piris Awarded 23/1/07. Email monipiri@hotmail.com

0047 Mr Ian Buck-Barrett Dip IMC RCS (Edin) Awarded 4/4/08. Based in Queensland, Australia. Interest in pre-hospital care, mountain and wilderness medicine. Military experience world wide. Available for teaching, advice and expedition support. Email ianbuckbarrett@mac.com

0048 Dr Suzanne Boyle Awarded 5/2/07. Email suzanneboyle@hotmail.com

0049 Dr Toby Jacobs Awarded 25/2/07. Based in Bristol in Emergency Medicine. Interest in all outdoor pursuits especially general mountaineering and rock climbing. Email tobyjacobs@doctors.net.uk

0050 Dr John Ellerton Awarded 26/9/2007. Home: Penrith, Cumbria. Work: General Practitioner. Additional qualifications: Diploma in Immediate Medical Care (RCSEd) 1990, Diploma in Therapeutics (Newcastle) 1999. Principal interest is Mountain Rescue. Medical Officer Patterdale MRT (1985-), Medical Officer, Mountain Rescue Council (2002-2012) & member of ICAR Medcom (2002-) Editor/Author of 'Casualty Care in Mountain Rescue' (2000 & 2006) Scientific papers on mountain rescue, analgesia, avalanche survival, and hypothermia. Mountaineering interests: mountaineering in the Alps and UK, climbing at a modest level, ice climbing Scotland & Alps. Poor skier and no expeditions! Available to lecture, teach, and give advice and clinical opinion. Email johnellerton01@btinternet.com

0051 Dr Ian Watson Awarded 26/9/07. Oldham based GP. Available for advice and talks in the North West. Email ipmwatson@btinternet.com

0052 Dr Harvey Pynn Awarded 26/9/07. Consultant in Emergency Medicine and Pre-Hospital Care. Based in Bristol. Extensive Operational Military experience. Multiple expeditions both as leader and medic to mountainous, jungle and desert terrain. Both competed and been involved in medical support to extreme sports in wide variety of environments. Extensive teaching experience. Available for advice and / or training. Email harveypynn@hotmail.com

0053 Dr Declan Phelan Awarded 26/9/07. GP - Hackney, London. Interests: General mountaineering, ski mountaineering; fell running and endurance events. Available for teaching and advice. Email dphelan@doctors.org.uk

0054 Dr Shirley Gover Awarded 26/9/07. Ford Farm, Bicknoller, Nr Taunton, Somerset. TA4 4EH. Diploma of Child Health & Diploma of Pre Hospital Care. BASICS member. Interest in general mountaineering. Email shirley.gover@doctors.org.uk

0055 Dr Theoharis Sinifakoulis Awarded 26/9/07. PhD. Physician based in Greece. Address: Alexandras Avenue 46, GR 114-73, Athens, Greece. Tel: 00306944468725. Fax: 0030 2108819667. Available for teaching/lectures, advice and expedition support. Email info@sinifakoulis.gr

0056 Dr Juliette Kemp Awarded 15/10/07. Anaesthetic consultant in Hampshire and medical advisor for Mountain Expeditions adventure company. Continue to love fitness, climbing and ski touring. Very happy to contribute to course faculties if



in need. Interests: Alpine climbing and altitude physiology. Available for lecturing. Email juliette@medex.org.uk

0057 Dr Oliver Kemp Awarded 15/10/07. Interests: mountaineering & high altitude and available to teach/lecture. Email oliver.richard.kemp@gmail.com

0058 Dr Martijn Groenendijk Awarded 21/10/07. Consultant pulmonologist-intensive care doc at the ITU of the "Lange land Ziekenhuis" in Zoetermeer with interest in worldwide mountaineering and skiing. Member of the MedCom of the Dutch Mountaineering Council. Member of the workgroup high altitude physiology (hoogtefysiologie.nl). Tel: 0031 6 42232529. Available for lectures and advice. Email martijn.groenendijk@gmail.com

0059 Dr Jaishan Mahan Awarded 21/10/07. Interests in Hostile Environment medicine, mountaineering, skiing and diving. MRCS Ed (A&E), MRCGP, Dip IMC RCS Edin, FRGS. Available for lectures and advice. Email jaish@icloud.com

0060 Dr Eamon Staunton Awarded 22/10/07. Email: eamondoc@aol.com

0061 Dr Larry O Smith Awarded 2/1/08. ACEP. Emergency medicine physician, Mazama, Washington State, USA. Interests: High Altitude/Wilderness medicine, climbing, skiing, kayaking. Available for advice or expedition medical coverage. Email larryosmith@hotmail.com

0062 Dr Stephen Pettit Awarded 22/1/08. PhD MRCP. Consultant Cardiologist, Papworth Hospital, Cambridge. Specialist interest in advanced heart failure, device therapy, mechanical circulatory support and heart transplantation. Even happier when mountaineering, rock climbing or mountain-biking. Available for consultation and clinical advice. Email S.J.Pettit@doctors.org.uk or Stephen.Pettit@papworth.nhs.uk

0063 Dr Andy Grieve Awarded 25/1/08. Sqn Ldr Andy Grieve MRCGP Dip IMC Dip Mtn Med FRGS. Royal Air Force General Practitioner. Currently anaesthetic CT1- Kings Hospital, London. Deployable GP, 16 Medical Regiment, Colchester. Operational and overseas expedition experience including Cyprus, Oman, Belize, India, Uganda, Nepal, and Lesotho. Advanced PADI Diver, overland, high altitude, jungle and desert medicine. Own medical kit available with governance and insurance. Available for support and teaching. Email awgrieve@doctors.org.uk

0064 Dr Alex Salam MRCP, London. Specialist Registrar in Infectious Diseases & Tropical Medicine, consultant/advisor to NASA and ESA. Expertise in Polar Medicine & Space Medicine. Email alexsalam@doctors.org.uk

0065 Mr Mike Greene Awarded 11/10/08. Consultant in Emergency Medicine Doctor to Kendal Mountain Rescue Team. Member of BASICS. Mountaineering interests include rock climbing; trekking throughout the world, ski mountaineering. Medical Officer Mountain Rescue England and Wales. Member of ICAR Medical Sub Committee. Mountain expeditions to Africa, Nepal, Kashmir, china, Norway and New Zealand. Experience as expedition doctor and travelling with young people. Mountain qualifications include: Summer ML, winter ML, SPA, MIA (Summer training) and IML (training). Available for lectures, educational



activities, expedition and clinical advice. Address: 10 Burton Road Kendal LA9 7JA.
Email docmgreene@hotmail.com

0066 Dr Andrew Marsden Awarded 11/10/08. North Oxfordshire based GP with general mountaineering interest. Available for advice/expedition support. Email afamarsden@hotmail.com

0067 Dr Andrew Claridge Awarded 2/1/08. MRCP. Gastroenterology SpR, based in Bournemouth. Interest in luminal gastroenterology. Happy to offer advice to anyone who wishes to travel, but feel they are limited by their Gastroenterological problems. Email andyclaridge@hotmail.com

0068 Dr Damian Wilkinson Awarded 9/11/08. GP currently based in Christchurch NZ. Keen mountaineer and climber. Available for advice, talks and expeditions. Email damianw@doctors.org.uk

0069 Lt Col Alun Thomas Awarded 13/1/09. IML & WML Military Dental Officer. Interests in pre-hospital care, travel medicine, mountaineering, skiing and sea-kayaking. BDS (B'ham), LDS RCS (Eng), MFGDP (UK). Tel: 0044 7496 386387 Available for training and advice on expedition dentistry. Email harryquartz@hotmail.com

0070 Dr Rajiv Joshi Awarded 30/1/09

0071 Dr Emma Smith Awarded 30/1/09

0072 Dr Ben Warrick Awarded 7/3/09. Anaesthetist and A&E consultant. Interest in trauma particularly pre-hospital. Generally active outdoors, Climbing/sea kayaking/fell running/biking. Involved with teaching mountain first aid. Messak Farm, St Just in Roseland, Cornwall TR2 5JL.Tel: 07949 547603.

0073 Dr Paul Sydney Awarded 19/3/09

0074 Dr Simon Flower Awarded 31/5/09 GP based in Bristol. Interests in caving, canyoning and climbing. Expedition doctor on numerous caving expeditions worldwide. Doctor to the Mendip Cave Rescue team. Author of Canyoning in the Alps (2012, Cicerone Press). Available for expeditions and advice. Email simonfloweruk@yahoo.co.uk

0075 Matthew Alex Morgan Awarded 31/5/09. MD DiMM FCICM MBChB Adult intensive care specialist Royal Prince Alfred Hospital, Sydney. Remote work in Nepal, Borneo and New Zealand. Pre hospital care in NSW. Interests now lie in medical education and simulation. Email Morgan88@doctors.org.uk

0076 James Milligan Awarded 31/5/09. Specialist in Emergency and Retrieval Medicine with an interest in critical care. Based in Sydney, Australia. Keen climber and ski mountaineer. Available for advice, lectures or a climb! Email James.milligan@careflight.org

0077 Dr Stewart Leitch Awarded 1/6/09. GP, Chester. Email stew_sarah@hotmail.com (note _ between Stew & Sarah)



0078 Dr Sven Christjar Skaiaa MD and UIAGM Mountain Guide. Registrar in Anaesthesiology and Emergency Medicine, Oslo Norway. Email sc@norgesguidene.no

0079 Dr Jacqueline Bennebroek Awarded 26/7/09. MSc, MRCGP, DFFP, ATLS, APLS, ALSO. GP-Rural Practitioner with a passion for travelling and working in remote and mountainous locations. I am the medical advisor for Diverse Production Company and have experience as an expedition doctor for groups of both teenagers and adults. I am interested in the personal development of individuals in order for them to gain their true potential. Having worked in Europe, Africa, Nepal, Borneo and The Falkland Islands as both a GP and expedition doctor, I am available for advice and lectures or as an expedition doctor. Email j.bennebroek@yahoo.com

0080 Dr Joanna Ingold Awarded 11/8/09. MRCGP General Practitioner with interest in expedition and travel medicine. Experience as doctor for high altitude expeditions to Bolivia, Peru and Nepal. Email joannaingold@hotmail.com

0081 Dr Ivy Cheng Awarded 28/9/09. MD, MSc, PhD, FRCP, FACEM, dABEM, Dip of SM, DiMM. Emergency Physician and Emergency Department Director of Research and Scholarly Activity: Sunnybrook Hospital Health Sciences Center, Toronto, Canada. Sports Medicine Physician: Cleveland Clinic Canada Midtown - Sports Medicine. Physician Lead: Climbing Escalade Canada for Toronto Regional IST HUSAR (Heavy Urban Search and Rescue) Physician, Toronto, Canada. Clinician Investigator, Assistant Professor: University of Toronto. Past Employment: Flight Physician, Ship Physician, Locum Emergency Physician in Timmins, Ontario and Melbourne, Australia, Base Camp Physician and Manager: North Everest 2007, DCXP, Medical Advisor: Outward Bound East. Interest: Sports Medicine, Wilderness Medicine, Mountain Medicine, Expedition Medicine, Polar Medicine, International Collaboration. Research Interest: UV radiation at altitude, athletes at altitude. Available for teaching, advice, international collaboration resource, medical expedition support. Email isscheng@gmail.com

0082 Dr Iestyn Carr Awarded 8/12/09 GP and Mountaineer based in Røros, Norway. Faculty 2009-2016. Email iestyndoc@icloud.com

0083 Prof Giles Peek Awarded 8/12/09. MD, FRCS CTh, FFICM, Dip Mtn Med, FELSO. Professor of Surgery and Pediatrics, Congenital Heart Center, University of Florida, Gainesville. Interests: Ski mountaineering, Ice & Rock Climbing, Canoe & Kayaking. Available for lectures and consultation on congenital heart surgery and ECMO for hypothermia including patients in hypothermic cardiac arrest in the South-East USA. If your patient is in hypothermic cardiac arrest please call +1 646 284 8161 ideally from the scene. Email gilespeek@hotmail.co.uk

0084 Dr Steve Seale Awarded 8/12/09. GP Cornwall. Interests: Rock-climbing, mountaineering and ski touring. Available for expeditions or advice. Previous employment in Himalaya, Greenland & Antarctica. Address: Floral cottage, Mithian, St Agnes, Cornwall. TR5 0QQ. Email steveseale@hotmail.com

0085 Dr Sudeb Mandal Awarded 8/12/09. GP Kent, interest in travel medicine. Available as Expedition doctor. Email sudebmandal@hotmail.com

0086 Dr Anna Shekhdar Awarded 14/10/10. MBChb FCEM DIMM. Consultant in Emergency Medicine, Treliske Hospital and Medical Advisor Cornwall Air Ambulance. Interests: Anything outdoors! Mainly skiing, climbing, surfing and adventure racing. Previous employment as expedition doctor on trekking trips to Peru, China, Iceland, Kilimanjaro and cycling down South Africa. Chief medical officer for Jungle marathon 2011. Experience of high altitude mountaineering and PADI advanced diver. Available for expeditions and advice. Address: Porthview, West Cliff, Porthtowan, Truro, TR4 8AE. Email AnnaShekhdar@hotmail.com

0087 Dr Kirsty Watson Awarded 14/1/10. GP Kendal. Interests: Rock Climbing and mountaineering. Available for expeditions and advice. Email kwatson@doctors.net.uk

0088 Dr Suzy Stokes Awarded 20/1/10. MBChB (Hons), Fellow of the Academy of Wilderness Medicine. Co-founder of MARS (Manchester Altitude Research Society). Involved in pre-hospital care with Thames Valley BASICS scheme. Special interests in High Altitude and Remote Medicine and particularly interested in teaching/working abroad in high altitude rescue posts and as an expedition doctor. Coordinator and leader for Nepalese DiMM. Contact: 07814 263092. Email suzystokes@doctors.org.uk

0089 Dr Mary Claydon Awarded 20/1/10. MRCP, DFSRH, DCH, BSc, MB BCh, Dip Mtn Med (UIAA). GP in Scottish Highlands. Experience in rural medicine & pre-hospital emergency care. Email maryclaydon@hotmail.com

0090 Dr Sarah Hollis Awarded 1/7/10. Civilian Medical Practitioner for Armed Forces based at Catterick Garrison. Medical Advisor for the Ultimate Travel Company. Extensive experience in pre-hospital care, overseas travel and trekking at altitude. Email shollis@doctors.org.uk

0091 Dr Emma Lloyd-Davies Awarded 25/3/10. MBBS, BSc, DiMM, FANZCA Anaesthetic Consultant with interest in travel/work abroad and expedition/high altitude medicine. Completed my anaesthetic training in New Zealand and now working in Bangor, North Wales. Email emmalloyddavies@doctors.org.uk

0092 Edward Brown Awarded 25/3/10. MBChB (Hons) MRCS. Interested in mountaineering, rock climbing, mountain biking, skiing. Expedition experience to Greenland and Kyrgyzstan. Available for expedition work. Email edwardsbbrown@yahoo.co.uk

0093 Dr Tim Smith Awarded 25/3/10. MBChB, FRCA, FANZCA. Consultant Anaesthetist based in Port Macquarie, NSW, Australia. Professional Interests: Previous experience in pre-hospital and aeromedical retrieval. Outside Interests: Rock and Scottish Winter Climbing, Alpinism and Multisport. Outdoor qualifications: Summer ML (in-between training and assessment for SPA and Winter ML). Email timjssmith@me.com

0094 Dr Mike Whiteside Awarded 16/12/08. MRCP, DTMH, Dip MM. Specialist Registrar in Acute medicine based in Sheffield. Climber, trekker, skier, mountaineer, mountain biker, diver and photographer. Medical officer on numerous expeditions (arctic, diving, jungle, high ranges). Available for advice,



lectures and/or expeditions (given sufficient notice!). 07811 256437. Email stainleberry@hotmail.com

0095 Dr Raj Nathwani Awarded 25/3/10. London based Trainee in Anaesthetics and Intensive Care Medicine. Interests in Trauma, Pre Hospital Care & Expedition Medicine. High altitude mountaineering experience. Part of the Territorial Army. Available for advice, lectures and trips. Tel 0781 641 0975. Email rajen.nathwani@doctors.org.uk

0096 Dr Alexandra Koukoutsis Awarded 25/3/10. Orthopaedic Surgeon. MSc in International Medicine-Health Crisis Management University of Athens. Member of the Medical Committee of UIAA. EFR First Aid Instructor (EFR 306419). RTI First Aid at Work Instructor/Assessor (RTI FAWI 1460). Responsible of First Aid Education in the border line and the islands of Greece through the National Health Program of the Stavros Niarchos Foundation (www.SNF.org). Mountaineer, rock climber and marathon runner interested in research lecturing and expeditions. 11 Perikleous str. Marousi p.c. 151 22 Athens, Greece. Tel: (+30) 211 40 57 100 Mob. (+30) 6979 00 21 19. Email alex@basecamp.gr

0097 Dr Rimon Than (deceased) Awarded 16/5/10

0098 Dr Catherine Mangham Awarded 31/7/10

0099 Dr David Evans Awarded 23/10/10. Retired consultant in anaesthesia and Intensive care medicine. BA Hons., LL.M. MB.BS (London) FRCA (England) DTM&H. Happy to give advice and support. South Wales. Email dhc_jungle@hotmail.com

0100 Dr Kazue Oshiro Awarded 23/10/10. FAWM. Cardiologist and Emergency physician in Japan. Medical Advisor of National Police Mountain Rescue Teams in Japan. Medical Instructor of Mountain Rescue of the Fire Defense Agency in Japan. Faculty member of Japanese Diploma of Mountain Medicine. Faculty member of Japanese Society of Mountain Medicine. Email kazooshiro@gmail.com

0101 Dr Adam Booth Awarded 26/10/10. Keen climber and mountaineer. GP in Shrewsbury area. Interested in expedition medicine and altitude research. Deputy medical officer for BMRES Chile expedition 2008, medical officer for CASE Xtreme Alps expedition 2010. Mad for it! www.boothybrothers.blogspot.com www.bmres.co.uk. Email adambooth@nhs.net

0102 Dr John Usher Awarded 26/10/10. MBChB, MRCP. GP in South East Scotland with a passion for the outdoors. Email johndusher@hotmail.co.uk.

0103 Dr Graeme Parry Awarded 26/10/10. Qualified GP, ordinarily based in Edinburgh Scotland (although based in Sydney from Jan 2011 - 2012). Keen mountaineer, skier and surfer. Available for expeditions. Email gnparry@yahoo.co.uk

0104 Dr Rich Lowsby Awarded 26/10/10. FRCEM, FFICM, MRCP, DTM&H. Emergency Medicine and Intensive Care doctor, Liverpool based. Interests and experience in expedition medicine, working at altitude and global health. Email richlowsby@hotmail.com



0105 Fiona King Awarded 15/11/10. MBChB, MRCP. General Practitioner in Queenstown, New Zealand. Interests - Mountaineering, skiing, endurance events, trekking. PGCert awarded 15/11/2010. PGDip awarded 19/10/2014. Email Fiona_shrubb@hotmail.com

0106 Dr Yashvi Wimalasena Awarded 15/11/10. Consultant in Emergency Medicine and HEMS Physician, West Midlands. Member of Medex and BMRES. Interested in all things in the mountains including rock climbing, ice climbing, skiing, alpinism and high altitude mountaineering. Experience of leading and been an medic on expeditions to the greater ranges of Europe, Africa, South America and Himalaya. Faculty for Birmingham Med School SSM in High Alt and Mtn Med and its WM course. Research interest in pulmonary oedema and lung ultrasound, with presentations at international conferences (ICEM/EuSEM) and publications. Available for advice, lectures and expeditions. Tel : 07813 989960. Email yashvi299@yahoo.co.uk

0107 Dr Kitty Duncan Awarded 15/11/10. Anaesthetist with aeromedical retrieval and Prehospital medicine experience including working in the Nepalese Himal and for Medecins Sans Frontieres. Interest in HAPE as part of the APEX group (www.altitude.org). Based in the Peak District. Available for teaching, presentations and advice. Email kitty_duncan@hotmail.com

0108 Dr Edwin Mitchell Awarded 18/12/10. MBBS MRCP FRCA Dip Mtn Med (UIAA). Consultant Anaesthetist based in West Midlands. Interests include rock climbing, winter climbing and alpinism. Available for advice and lectures. Email dredmitchell@hotmail.com

0109 Dr Jon Bailey Awarded 18/12/10. Registrar in Emergency, Pre-Hospital and Intensive Care Medicine based in Thames Valley. Instructional qualifications in climbing/mountaineering/diving/skiing. Email bailey.jon@gmail.com

0110 Dr Franca Serafini Awarded 26/1/11. Anaesthetic staff grade at Epsom and St Helier NHS Trust, Surrey. Email fanca.serafini@gmail.com

0111 Dr Martin Rhodes Awarded 13/2/11. Chief Medical Officer "Antarctic Logistics & Expeditions". Many expeditions to Antarctic, Arctic & the Greater Ranges. Available for advice, consultation and clinical opinion. Email docmartinrhodes@gmail.com

0112 Dr Ian Tyrrell-Marsh Awarded 10/3/11. MBChB (Hons). Manchester based. Email ityrrellmarsh@hotmail.com

0113 Dr Michael Purkiss Awarded 10/3/11. Hampshire Based when in the country. Specialist interest in cardiac conditions at altitude. Email mikepurkiss@doctors.org.uk

0114 Dr Jonathan Brett Awarded 8/5/11. Physician currently resident in Sydney Australia. Available advice or for trips in Australia and New Zealand. Email Jonathan.Brett2005@gmail.com



0115 Dr Mike Mowbray Awarded 29/5/11. Consultant Anaesthetist and lifelong climber. Mansfield, Nottinghamshire. Email mike.mowbray@sfh-tr.nhs.uk

0116 Dr Rich Griffiths Awarded 15/11/11. Specialist trainee in Emergency Medicine. Sheffield. Email; gingerrich@doctors.org.uk

0117 Dr Ben Gibbison Awarded 15/11/11. South West based anaesthetist with interests in all varieties of climbing and mountain running.

0118 Jon Morgan Awarded 16/11/11. Associate Specialist in Anaesthetics in Sheffield Teaching Hospitals. Only practising doctor in the UK who is also a full UIAGM Guide. Passionate climber, mountaineer, skier and fell runner. Has competed at international level in Ski Mountaineering events. Most of his guiding is on skis but he also enjoys working on the UK Diploma courses in Scotland and Arolla. Email jon@jon-morgan.com

0119 Dr Karen Greene Awarded 27/11/11. Specialist doctor in Anaesthetics, Emergency Medicine and Education. Holder PGCE. Doctor in Wasdale Mountain Rescue Team for 25 years. Holder Summer ML and in training for Winter ML. Email drkarengreene@hotmail.co.uk

0120 Dr Laura Jackson Awarded 30/11/11. Specialist Registrar Anaesthetics/ICU in the Welsh Deanery. Special Interests: All outdoor pursuits, mountain biking, fell running, Mountaineering. Available for advice/teaching/lectures. Email Lej42@hotmail.com or lauraejackson@doctors.org.uk.

0121 Dr James Hanslip Awarded 23/12/11. GP Liverpool.UK. Email jhanslip@nhs.net

0122 Dr Richard Stanley Awarded 23/12/11. GP.The Bladock Surgery, High Street, Baldock, Herts. SG7 6RP. Email rsgstanley@doctors.org.uk

0123 Dr Alun Thomas Awarded 23/11/12

0124 Dr Lauren Newcomb Awarded 23/12/11. Obs and gynae trainee, South Wales. Interests: ski mountaineering and climbing. Experience: 2 Spring Seasons in Himalayan Rescue Clinics (Pheriche 2011, Machermo 2008), Exped Leader for youth expeditions to Tanzania, Costa Rica and Peru. Ascents of three 6000m peaks (Andes and Himalayas) plus remote big wall climbing In Turkey and Madagascar and ski ascents in NZ, Switzerland, Canada and France. Email lauren.newcomb@wales.nhs.uk

0125 Dr Katie Williams Awarded 23/12/11. MBBS, BSC, AKC. Currently embarking on a year out to work at both the Machermo and Pheriche Rescue Posts in Nepal. Interests in expedition, altitude and travel medicine with previous experience as an Expedition Doctor in the Himalayas and Mountain Leader in the Andes, with extensive travelling throughout Asia and Europe. Experience as a Race Doctor for the Lakeland 100 and UTMB in Chamonix as well as previous RAF Mountain Rescue work. Other interests include mountaineering, mountain biking and ultramarathon endurance events. Planning to relocate to Scotland for GP training after dabbling in EM and Anaesthetics. Available for advice and



particularly keen to help students with Wilderness Medicine / Travel interests.
Email katie.williams@doctors.org.uk

0126 Dr Paddy Mitton BMBS Awarded 3/1/12. Currently GP trainee based in Cornwall. Active mountaineer and climber at home and abroad. Interests in expedition, altitude and travel medicine. Experience on multiple expeditions worldwide. Doctor and Medical Trustee for the Cornwall Search and Rescue team. Available for advice, teaching or as expedition doctor. Tel: 0795 8615232. Email paddymitton@doctors.org.uk

0127 Dr Rob Conway Awarded 23/1/12. Anaesthetist and expedition leader. Experience in altitude, polar, diving, travel medicine and media support. Available for advice, hands on instruction for medical or logistical aspects of expeditions including medical kit procurement. Website: www.wildmedic.co.uk. Email rob@wildmedic.co.uk

0128 Dr Matthew Barber Awarded 25/1/12

0129 Dr Karen Roberts Awarded 18/4/12. GP partner and independent contractor to the MDU as a clinical complaints adviser. Active climber in UK and abroad. Lectures on medico-legal issues. Email dr.karen.roberts@btinternet.com

0130 Dr Carolyn Kelly-Smith Awarded 4/8/12. FRCPC Emergency Medicine. FRCPC Emergency Medicine, Emergency Physician Royal Columbian Hospital Canada, Medical Director North Shore Search and Rescue, Ski patrol physician, Faculty Canadian Society Mountain Medicine DiMM. www.thecsmm.org Email carolyn.kellysmith@gmail.com

0131 Mr Simon Bennet Awarded 5/8/12. MBChB, FRCS (Tr&Orth) Consultant in paediatric trauma and orthopaedic surgery, based in Southampton. Keen climber and mountaineer with experience climbing in the greater ranges. Email: Simonbennet@hotmail.com

0132 Dr Anthony M Chahal Awarded 24/8/12. Emergency Medicine FRCPC, Canadian Ski Guides Association Level 1. Based in Vancouver BC. Canada. Faculty and founding member of Canadian Society of Mountain Medicine: www.thecsmm.org. Email anthony.chahal@gmail.com

0133 Dr Zoe Burton Awarded 16/10/12. Specialist trainee in anaesthesia with paediatric and global anaesthesia interests. Experience includes ski-touring expeditions in the polar regions, work as an expedition doctor in Antarctica and the Himalayas, leading youth expeditions to Peru, Arctic Svalbard. Wilderness Medical Training faculty. Email drzoeburton@gmail.com

0134 Dr Ben Hall Awarded 27/10/12. Consultant in Emergency Medicine & Pre-Hospital Emergency Care with special interests in major trauma and in the delivery of medical care in austere and challenging environments. Email ben.hall703@pm.me

0135 James Parker Awarded 27/10/12. BDS, DPDS, MFSDP, M Surg Dent, FDS RCS Eng. Keen skier and general mountaineer with particular interest in snow



safety and endurance events. Tresithick House, Carnon Downs, Truro, Cornwall, TR3 6JW. Email hj.parker@btopenworld.com

0136 Dr Rachel Hamilton Awarded 27/10/12. GP trainee based in the Peak District area. Edale Mountain Rescue Team member and doctor. Interests in expedition, altitude, and travel medicine. Keen outdoor enthusiast. Available for expeditions, teaching, and lectures. Tel: 07903359811. Email Rachel.hamilton@hotmail.co.uk

0137 Dr Ged O'Sullivan Awarded 27/10/12. GP in south Cheshire. Keen climber, walker and skier and still manages OMM most years. Available for lectures and advice. Email gedosullivan@me.com

0138 Dr Suzi Hale Awarded 27/10/12. Email Suzanne.hale@doctors.org.uk

0139 Dr Isla Madeleine Wormald Awarded 27/10/12. BSc MBChB (Leeds) DiMM (UIAA / IKAR / ISMM). Acute Care Common Stem Emergency Medicine Core Trainee 3 in South Yorkshire. Formerly a doctor for Upper Wharfedale Fell Rescue Association. Expedition medicine experience includes: doctor for British Schools Exploring Society (BSES) Arctic Adventure 2011 expedition to Svalbard, Chief Medical Officer for Leeds Metropolitan University Himalayan Research Expedition 2011, Senior Medical Officer for BSES Arctic Odyssey 2012 Expedition to Loppa Peninsula of Norway, Challenge Medic for three Action Challenge Kilimanjaro Summit Challenges & Chief Medical Officer for Medex Manaslu 2015 Expedition. Doctor for Action Challenge "London 2 Paris 24" 2013 & previously for Great Britain Junior Lead Climbing & Bouldering Teams. Helped deliver first UIAA / ICAR / ISMM Nepal Diploma in Mountain Medicine. Passion for outdoor pursuits. Mountain Training Association Summer Mountain Leader & PADI Open Water Diver. Aspirant Winter Mountain Leader & British Association of International Mountain Leaders International Mountain Leader. Thrives on adventure! Available for teaching or as an expedition doctor. Email islawormald@doctors.org.uk

0140 Dr Brian Parkin Awarded 27/10/12. FRCP. Medical Director for Advanced Life Support. Particular interest in Ski Mountaineering. Based in Guernsey available for advice and support in the Channel Islands area. Email bparkinguernsey@gmail.com

0141 Dr Ruth Batty Awarded 27/10/12. MB BS, MRCP, FRCR. Consultant Radiologist, Royal Hallamshire Hospital, Sheffield. ATLS instructor. Email battyruth@hotmail.com

0142 Dr Chris Abbott Awarded 27/10/12. RAMC MRCEM DIMC DIMM DMCC. Military medical officer. Experienced skier & ski mountaineer. Multiple trips to greater ranges. Special interest in clinical human factors and technology enabled care services. Available for instruction, lecturing, and expeditions. Email drchrisabbott@gmail.com

0143 Jonathan Wylie Awarded 27/10/12. State registered paramedic based near Glasgow, Active winter climber with European, Alpine and Alaskan experience. Available for occasional expeditionwork and/or adventures. Email wylie_jon@yahoo.co.uk



0144 Dr Gareth James Awarded 27/10/12. MBCh (Wales) North Wales based but currently (2012) in New Zealand. Passionate climber and mountaineer. Available for advice and expeditions. Email garethiwan@gmail.com

0145 Dr Stephen Hillier Awarded 27/10/12. MBChB (ATLS, APLS, PHECC). Anaesthetic Trainee in East Midlands. Keen climber. Experience as ski doctor in New Zealand. Available for expedition work. Email drstevehillier@googlemail.com

0146 Dr Benjamin Marriage Awarded 27/10/12. MBBS BSc (aerospace physiology). Anaesthetist in the East of England Deanery. Previous experience in high altitude, diving, ocean sailing, microgravity and expedition medicine. Interested in virtually all forms of outdoor pursuits. Available for advice/teaching/lectures and trips. Email Benji_marriage@hotmail.com

0147 R. Bryan Simon Awarded 27/10/12. RN, MSc, FAWM. Owner, Vertical Medicine Resources. AMGA certified climbing instructor. Based in eastern US. bryan@vertical-medicine.com

0148 Debbie A Simon Awarded 27/10/12. RN, MSc, FAWM, CPT. AMGA climbing instructor. deb@vertical-medicine.com

0149 Dr Jack Kriendler Awarded 27/10/12. Medical Director CHHP - the Centre for Health & Human Performance, 76 Harley Street. London. Leads the centre's Altitude Clinic and CPEX Lab with team including Prof Greg Whyte, Jim Pate, Dr Sundeeep Dhillon, Prof Hugh Montgomery and DMM Faculty. Special interest in pre-expedition screening, physiological optimisation and risk management for AMS-prone, disabled, injured, terminally-ill and altitude-naive climbers. Consults and presents for TV, film and major charity challenges. Keen rock and ice climber and experienced ski-mountaineer. Founding Member of UK-MMS.org with Dr David Hillebrandt and Prof Chris Imray. Contact via: CHHP, 76 Harley Street, London W1G 7HH. Tel: 020-7631-3276 Website: <http://www.76harleystreet.com/sections/medicine/altitude>. Email j.kreindler@76harleystreet.com

0150 Dr David Horak Awarded 23/11/12. Cardiologist. Based in the Czech Republic, Liberec. Email horak_david@seznam.cz

0151 Dr Parminder Chaggar Awarded 23/12/12. MB CHB. BMedSci. MRCP. Keen climber, mountaineer, fell runner and cyclist working as a cardiologist with a special interest in heart failure and device therapy. Available for advice and teaching. Email pchaggar@doctors.org.uk

0152 Dr Mike Wild Awarded 23/12/12. MB BCh, BSc (Hons), MSc. Edinburgh Based, currently in ICU. General outdoor interests: mountaineering, fell running, mountain biking, skiing, sea kayaking. High altitude mountaineering experience. Available for expeditions, teaching and lectures. Email mikewild01@gmail.com

0153 Dr Andy Tomlinson Awarded 5/1/13. Retired Anaesthetist (2017), Stoke on Trent. Worked in Nepal as anaesthetist (1982 and 1986) and with IPPG (2015). Life long rock climber, mountaineer and skier. Email andy.tomlinson@doctors.org.uk



0154 Dr Daniel Kornhall Awarded 18/1/13. Anesthetist with a professional interest in prehospital emergency care especially where it interfaces with wilderness and mountain emergency medicine. Most of the time based in Northern Norway. Active skier and climber. Email danielkornhall@me.com

0155 Dr David Hunt Awarded 18/1/13. FRCA MCEM FRGS RAMC. Army Anaesthetic Registrar. Interest in Trauma and damage control resuscitation, pre-hospital care and Intensive care medicine. Experienced Ski Mountaineer. Available for teaching or lectures. Email davidmichaelhunt@hotmail.com

0156 Dr Neil Long Awarded 5/2/13. Emergency hospital and rural hospital trained. Majority of climbing skills learnt in New Zealand, rock, snow and ice. Extensive travel in six continents with interest in third world medicine. Available for expeditions. Email neillong@doctors.org.uk

0157 Dr D Burckett-St.Laurent Awarded 5/2/13. FRCA. Anaesthetic Registrar in Cardiff specialising in regional anaesthesia. ATLS and ALS instructor. Climber, fell runner and free diver. Arctic ocean expedition experience. Available for advice, teaching and expeditions. Email bstl.david@yahoo.co.uk

0158 Dr Matthew Knox Awarded 11/2/13. Locum A&E Registrar. Active mountaineer, rock climber, runner and cyclist. High altitude mountaineering and medicine experience. Available for expeditions and advice. Based in Australia (Sydney) but keen to travel for expeditions. Email mattcknox@gmail.com

0159 Dr Savini Wijesingha Awarded 15/2/13. Wessex anaesthetic trainee, currently in New Zealand with interest in retrieval, pre hospital and expedition medicine. Jungle, mountain and ocean expedition experience. Available for teaching or as expedition doctor. Email tswiije@gmail.com

0160 Dr Ben Greatorex Awarded 7/3/13. BMBS BMedSci (Hons) FRCA. Anaesthetic and intensive care trainee in Severn deanery. Interested in rock climbing and winter mountaineering. Experience of providing anaesthesia and emergency medical care in developing countries including South Africa and Ethiopia. Available for work as an expedition doctor. Email benjamingreatorex@hotmail.com

0161 Dr Charlotte Haldane Awarded 12/6/13. Full time HEMS Doctor for Magpas Air Ambulance. Major in the Army Reserves (144 Para Med Sqn, 16 Air Assault Brigade). Interested in Pre-hospital care, altitude research, diving medicine and remote medicine. Qualified Dive Master, Experienced expedition medic and expedition leader to jungle and mountainous environments, personal experience of remote mountaineering. Research Investigator for Xtreme Everest 2, ongoing work with Centre for Altitude, Space and Extreme Environment Medicine, UCL. Lecturer and examiner for the Diploma of Mountain Medicine, lecturer for World Challenge Expeditions. Personal interests include winter mountaineering, white-water kayaking, scuba diving and jungle trekking. Available as an expedition doctor, for lectures or for clinical advice in Cambridge, London and the North West. Email Charlotte.haldane@doctors.org.uk

0162 Dr Bisanth Batuwitage Awarded 6/7/13. MBBCh, MRCS, FRCA. South Yorkshire Anaesthetic registrar. Outdoor interests include climbing,



mountaineering and fell running. Clinical interests trauma, simulation and medical education. Available for advice, teaching and expeditions. Email batu@doctors.org.uk

0163 Dr Claire McCahill Awarded 7/11/13. London based Anaesthetic trainee. Interests include: Mountaineering, climbing, travel, diving, paragliding and skiing. Contact: cmccahill@doctors.org

0164 Mr James Pegrum Awarded 8/11/13. MB BS Bsc MRCS (Eng) Msc (Sports & Exercise Medicine) Research Associate Sports & Exercise Medicine Queen Mary University London Orthopaedic Specialist Registrar Oxford. With an interest in Skiing, Rugby Football, Athletics, sports injuries and trauma care. Available for advice or talks. Email jpegrum@doctors.net.uk

0165 Dr Sarah Maclean Awarded 13/12/13. BSc (Hons) MBChB. Glasgow based anaesthetic trainee with interest in pre-hospital, travel and altitude medicine. Outdoor interests include mountaineering, skiing and mountain biking. Available for advice, teaching and expeditions. Email sarah2602@hotmail.com

0166 Dr Nick Fisher Awarded 13/12/13. Ex-army GP with experience practicing medicine at high altitude and in desert, arctic, remote and hostile environments. UK based until 2014 then moving to British Columbia, Canada. Expedition planning, advice and medical support. Email nickfisher@me.com

0167 Dr James Farrant Awarded 13/12/13. MB BCh, FRCA, BSc (hons). Consultant paediatric anaesthetist based in South Wales. Experience: Altitude medicine in Nepal running a medical aid and rescue post, altitude research in Europe, jungle expedition experience. Charity trustee for International Porter Protection Group www.ippg.net Interests: Rock climbing, mountaineering, off piste skiing, mountain biking. Available for advice, teaching and expeditions. Email jamesfarrant@gmail.com

0168 Dr Christopher Sloan Awarded 13/12/13. BMBS. Anaesthetic trainee based in Sheffield. Clinical interests: medical education, pre hospital care, expedition medicine, ALS instructor. Outdoor interests: Experience in UK, alpine and Himalayan mountaineering, extensive whitewater kayaking and whitewater rescue experience. Available for advice, teaching, lectures and expeditions. Email c.sloan@doctors.net.uk

0169 Dr Alexander Bacon Awarded 13/12/13. Email drambacon@googlemail.com

0170 Dr Rachel Anderson Awarded 13/12/13. Emergency Medicine Registrar Scotland. Interests in expedition medicine and medicine in developing countries. DTM&H holder (tropical medicine). Medical experience at Pheriche aid post and Everest Base Camp, Nepal and in Antarctica. Email ebcrach@gmail.com

0171 Dr Nicola Millar Awarded 13/12/13. FACEM, FRNZCGP, FRHM Working as Rural Hospital Medicine Consultant in Central Otago, New Zealand Email nicmillar@yahoo.co.uk

0172 Dr Michelle Aukland Awarded 5/1/14. MBChB (Hons). Current FY2 doctor applying to work in West Midlands. Experience working at Travel/Altitude clinic in Kathmandu. Interests include climbing. Mountaineering and skiing. Tel: 07812 108919. Email michelleaukland@hotmail.com

0173 Dr Michael Prosser Awarded 11/1/14. MBBCh, MCEM. Specialising in Emergency medicine in the South West. Experienced in Pre hospital care, retrieval, expedition and altitude medicine. Expedition / Altitude experiences include the establishment of a rural high altitude Health clinic in Langtang, Nepal, providing altitude medical training to trekking guide and expeditions in Northern India/Bhutan. Outdoor interests include: mountaineering, skiing, diving and extensive white water kayaking experience including rescue skills. Available for advice, teaching and expeditions. Email mjprosser84@gmail.com

0174 Dr Lawrie Kidd Awarded 14/1/14. Anaesthetic trainee in the South West. Keen climber, skier, runner, cyclist and surfer. Experience in Jungle, Altitude and Diving expeditions. Email lawriekidd@hotmail.com

0175 Dr Kath Rosedale Awarded 15/2/14. Bristol Anaesthetic Trainee. Special interest in developing world anaesthesia, mountaineering, fell running. MTB and skiing. Email kathrosedale@hotmail.com

0176 Dr Richard Hargrave Awarded 15/2/15. GP registrar in the Scottish Highlands. Interests away from the mountains include triathlon and multi sport. Email richardhargrave@nhs.net

0177 Dr Tom Sutherland Awarded 15/2/14. Emergency Medicine Trainee. Keenly interested in expeditions of all sorts, including those with a teaching or awareness raising agenda. And also those that are challenging from a technical or endurance based perspective. I am a keen climber, mountaineer, ski tourer, mountain bike rider and runner. The more remote the better. Email tomsutherland@doctors.org.uk

0178 Dr Joe Davis Awarded 15/2/14. Lake District GP. All round outdoor/adventure travel enthusiast. Worked as a doctor in polar, jungle, desert and high altitude environments. Regular faculty/leader on expedition medicine courses in UK and abroad. Interest in Pre hospital care (BASICS) and Mountain rescue. Available for advice, talks, teaching or as expedition doctor. Tel: 07940 997622. Email jdmanilow@hotmail.com

0179 Dr John Weeks Awarded 12/3/14. MBChB(e) DTM&H. Anaesthetics trainee based in North West England. Interests in medical education, pre-hospital care and altitude. Interest include mountaineering, climbing and especially mountain biking. Degree in Medicine with French. Email weeks.johnr@gmail.com

0180 Dr Anthony 'Doug' Douglas Awarded 20/3/14. Hampshire based doctor with experience as overseas expedition leader. Email hobodoug@hotmail.com

0181 Mr Paul Marshall Awarded 12/3/14. Trauma and orthopaedic Consultant based at Royal Lancaster Infirmary. Email paul.marshall@mbht.nhs.uk



0182 Dr Edi Albert Awarded 20/5/14. MB ChB, MSc, MRCGP, FRACGP, FACRRM, DMM. Based in Australia and currently Associate Professor in Remote and Polar Medicine at the University of Tasmania, and working as a rural generalist in emergency and remote medicine. Clinic doctor at Perisher Ski Resort and previous Antarctic Medical Practitioner at the Australian Antarctic Division. Provides expedition and wilderness medical training through www.wildernesseducationgroup.com and medical advisor to Wilderness First Aid Consultants and the Australian Maritime College. Continues to travel, trek, climb, kayak, mountain bike and ski whenever and wherever possible. Available via for any expedition medicine related inquiries: Email edi.albert@hotmail.com

0183 Dr Alex Kennedy Awarded 20/5/14. MBBch, FRCA, Anaesthetist in South Wales. Interests include paragliding, paramotoring, trekking, running and mountaineering. Available for advice and expeditions. Email alijken@gmail.com

0184 Dr Nick Cochand Awarded 20/5/14. MB BCh, BSc (Hons). Currently working in Emergency Medicine in New Zealand. Interests include Pre-Hospital care, expedition and altitude medicine. Experience in mountain, jungle and arctic expeditions and providing medical cover for extreme adventure racing. Available for advice, teaching and expeditions. Email nickcochand1@doctors.org.uk

0185 Dr Sean Hudson Awarded 20/5/14. General Practitioner with a special interest in pre hospital, remote and disaster medicine. Email sean@expeditionmedicine.co.uk

0186 Debra Hammer Awarded 20/5/14. MD FRCPC FACC PFT Clinical Faculty in Cardiology, Mazankowski Alberta Heart Institute, University of Alberta, Canada. Wilderness Committee Chair, Canadian Academy of Exercise and Sport Medicine. Canadian Council Representative, International Society of Mountain Medicine. Email dhammer@ualberta.ca

0187 Karen Pickering Awarded 29/7/14. Paramedic, based in the north east of England. Experienced in alpine mountaineering and UK summer and winter climbing. Interests in expeditions of any sort particularly high altitude), endurance running and mountain rescue. Email Kaptain50@tiscali.co.uk

0188 Dr Richard Stephenson Awarded 13/12/14. BSc (Hons), MbBS (Hons). Australasian Emergency Medicine Advanced Trainee. Based in Dunedin, New Zealand. Interests in pre hospital and trauma medicine, climbing mountaineering and polar travel. Experience of alpine, high altitude and polar travel. Available for advice, teaching and expeditions. Email mountainrich@hotmail.com

0189 Dr Rob Lambert Awarded 13/12/14. Trainee in trauma and orthopaedics. Edinburgh. Email Robbie_lambert@hotmail.com

0190 Dr Paul Maries Awarded 13/12/14. MBBCh. MRCGP. Bristol based GP with experience in high altitude mountaineering, skiing, climbing and whitewater kayaking. Available for advice, teaching and expeditions. Email paulmaries@gmail.com



0191 Dr Adam Griffiths Awarded 13/12/14. Royal Navy Medical Officer, Extensive expedition, especially in cold remote environments. Available for teaching lectures and expeditions. Email adamgriff8@hotmail.com

0192 Dr Nicola Combs Awarded 13/12/14. MBBS (Hons). Currently working in emergency medicine in Sheffield. Interested in pre-hospital and expedition medicine. Outdoor interests in climbing, mountaineering, triathlons, skiing and endurance/adventure events. For advice, teaching and expeditions: Email n.combs@doctors.org.uk

0193 Dr Nelleke Ernsting Awarded 13/12/14. Currently Dutch Military Doctor ambition is for GP work.

0194 Dr Stuart Allan Awarded 13/12/14. MRCP, DTM&H. Freelance GP, Cumbria and North East England. Tel: 07921 506039. Team doctor Kendal MRT. Interests in tropical medicine, snowboarding, mental health and teaching, Endurance sport and ultrarunning. Email dr.stuart.allan@yahoo.co.uk

0195 Dr Nick Haslam Awarded 13/12/14. MB BCh, BA, FRCA, DTM&H. Anaesthetic registrar in London with North East Critical Care Transfer And Retrieval (NECCTAR) service. Interests include pre-hospital care, high altitude and remote tropical medicine. Experience includes expeditions in the Himalayas, supporting a wheelchair ascent of Kilimanjaro and remote rural medicine in Papua New Guinea. Previous research with APEX and UCL. Faculty on Imperial University's Remote Medicine BSc. Available for advice, lectures, and expeditions. Email nick.haslam@nhs.net

0196 Dr Jasper Johnsson Awarded 13/12/14. MD, DESA. Sweden. Consultant in Anesthesiology and intensive care medicine. Work mainly in the ICU, Helsingborg Hospital in the south of Sweden. Serve as a doctor in the Swedish Armed Forces (in the reserve). Part time PhD in Cardiac Arrest physiology. Interests include expedition medicine, trauma management and high altitude physiology. Email jesper.johnsson@gmail.com

0197 Dr Andrew Cumpstey Awarded 13/12/14. DMM Faculty. BM BCh, MA (Cantab). Anaesthetics registrar currently based in Hampshire. Experienced and qualified Mountain Leader, climbing, canoeing (white water/sea kayaking and open canoeing) and sailing instructor. Background in high altitude research with both CASE (UCL) and the Xtreme Everest research groups, particularly interested in physiological responses to low oxygen levels. Available for advice, teaching, lectures and expeditions. Email acumpstey@gmail.com

0198 Dr Matt Wilkes Awarded 13/12/15. MSc (Mtn. Med) MCEM FRCA FAWM FRGS
Anaesthetics Registrar with interests in Remote Medicine and Extreme Physiology. Paraglider pilot, mountain biker and adventure photographer. Founding Editor of Adventure Medic magazine (<http://www.theadventuremedic.com>), currently undertaking a PhD into the physiology of paragliders in flight. Email matt@adventuremedic.org.uk



0199 Dr Ben Michie Awarded 10.2.15. Currently GP trainee in North East. Mountaineer/Skier and expedition doctor. Tel: 07980 845719. Email Ben_michie@hotmail.com

0200 Dr Ian Evans Awarded 10/2/15. British Army Medical Officer. Experience in mountaineering, skiing, climbing and adventure racing. Available for advice, teaching, races and expeditions. Email ianevas@doctors.org.uk

0201 Dr Sarah Wysling Awarded 10/2/15. Emergency Medicine Registrar, MB BCh (BSc) MSc (International Health). DTM&H. MCEM. Clinical experience working in various low resource settings and as expedition medic. This includes placement at the high altitude Machermo Aid Post, Khumbu, Nepal (IPPG). Contact: sarah@farawaymedicine.com

0202 Dr Rhianwen Thomas Awarded 10/2/15. GP trainee currently based in Plymouth. Experience of working on altitude and diving expeditions. Is a keen cyclist, runner, skier, surfer and mountaineer. Available for advice, teaching and expeditions. Email rhianthomas83@hotmail.com

0203 Mr Stuart Mercer Awarded 5/7/15. Keen runner/skier/Alpinist. Worked as a doctor on ships, submarines & deserts. Email stuartmercer@me.com

0204 Dr Arlena Kuenzel Awarded 5/7/15. UK Based (2017 Australia). Interested in pre-hospital care, tropical and expedition medicine. Member of 2015 Medex research expedition to Manaslu. Overseas experience working in Africa and East Timor. For advice, teaching and expeditions: Email arlenak@hotmail.com

0205 Dr Chris Moss Awarded 18/9/15. Anaesthetic Trainee MBBS, MEng. North East England. Away from the hills I am also a keen cyclist, runner, skier and offshore sailor. Previous work includes media support, expedition support and providing formal training of mountain rescue teams. Available for advice, teaching and expeditions. Mob: 0773 492 0301. Email christjmoss@hotmail.com

0206 Mr Matthew Doe Awarded 16/12/15. BMedSci (Hons) BMBS MRCS. General surgical registrar based in the South West. Experience in high altitude expeditions, mountaineering and endurance events. Mountain leader trained. Available for teaching, lectures and expeditions. Contact: matthewdoe@nhs.net

0207 Dr Tom Geliot Awarded 16/12/15. MBChB BSc (Hons) FRGS. DMM Faculty Currently SHO in Emergency Medicine. Experience as expedition medic and high altitude research. Available for advice, teaching, lectures and expeditions. Email tomgeliot@gmail.com

0208 Dr Nadia Tharib Awarded 16/12/15. MBChB (Hons) MRCPGP. GP based in North Wales and Worcestershire area. Keen skier, climber and mountaineer. Also have experience in medicine related to ultra marathons in austere environments. Available for advice, teaching and expeditions. Email ntharib@doctors.org.uk

0209 Dr Lisa Brooke Awarded 16/12/15. MBChB (2004), MRCPCH (2010), MRCPGP (2012). GP in the North West of England. Interested in rock climbing, open water swimming, kayaking, alpinism, mountain biking and endurance events, with



a general passion for all things outdoors. Available for advice.
Email lisahalliday@doctors.org.uk

0210 Dr Virginie Walker Awarded 16/12/15. GP Trainee living in rural Aberdeenshire with experience of rock climbing, mountaineering, skiing and ski touring. Email virginiewalker@hotmail.com

0211 Dr Tom Bradley Awarded 17/12/15. Devon-based anaesthetist with experience in mountaineering, climbing, high altitude, pre-hospital and retrieval medicine. Available for advice, teaching and expeditions. Email drtombradley@gmail.com

0212 Dr Sarah Raitt Awarded 17/12/15. British Army GP, experienced providing medical care in remote and hostile environments, including jungle, desert and high altitude. Experience working in East Africa, expeditions to Nepal and South America. Interests include climbing and telemarking. Email sarahheyhoe@doctors.org.uk

0213 Dr Hannah Newcombe Awarded 17/12/15. ED registrar in New Zealand. Experience in altitude and jungle expeditions and teaching undergraduate students wilderness medicine. Keen mountaineer, runner, skier. Available for advice, teaching and expeditions. Email h.newcombe@nhs.net

0214 Dr Timothy Saunders Awarded 23/1/16. BSc MBChB RCPCH. Paediatric Registrar based in Peak District/South Yorkshire. Clinical interest in paediatric emergency medicine, trauma, pre-hospital care and tropical and infectious disease. Experience in expedition planning and management, high altitude and alpine mountaineering, winter and summer hill skills teaching and endurance events. Keen mountaineer and climber with global experience. Avid fell runner and cyclist. Available for advice, lectures, teaching and clinical opinion in the area of expedition, mountain and wilderness medicine with particular interest in management of childhood illness. Available for remote expeditions with notice. Email leaftailedgecko@gmail.com

0215 Dr Luke Benson Awarded 23/1/16. GP in Gloucestershire. Email lukebenison@nhs.net

0216 Dr Anna Lindsay Awarded 23/1/16. Anaesthetic trainee in South Wales. Interested in all things outdoors especially mountaineering and skiing. Available as expedition doctor and for advice /teaching. Email annalindsay88@gmail.com

0217 Dr Rohan Goel Awarded 23/1/16. MBChB, BSc (Hons). Currently based in North Wales. Email rohan.goel@doctors.org.uk

0218 Dr Jessica Christley Awarded 23/1/16. Based in Scotland. Keen climber, mountaineer and mountain biker. Email jess.christley@btinternet.com

0219 Dr Tessa Coulson Awarded 23/1/16. MbChB with German, MRes. GP based in Manchester. Outdoor enthusiast with experience in emergency care, expedition and altitude medicine. Email tessacoulson@gmail.com



0220 Dr David Pallot Awarded 23/1/16. BA BM BCh MCEM. Emergency medicine Registrar and doctor with Woodhead Mountain Rescue team. Email david.pallot@doctors.org.uk

0221 Dr Ross Anderson Awarded 23/1/16. MRCP, MRCS(Ed). Doctor in General Practice and ENT in Cumbria. Active in expedition medicine and pre-hospital care. Medical advisor to expedition companies and media productions. General interests include fell running, trekking and ski touring. Website www.adventuremedicalconsulting.co.uk. Email docross@me.com

0222 Dr Jildou van der Kaaij Awarded 20/8/16. Dutch and British trained anaesthetic consultant currently working in Basque country, Spain. Experience in pre hospital emergency care and expeditions to high altitude environments. Special interest in anaesthesia in developing countries and remote environments. Email jmvanderkaaij@gmail.com

0223 Mr Arif Gul Awarded 12/9/2016. Consultant Orthopaedic Surgeon and General Mountaineer. Based in Essex. Email arifgul99@gmail.com

0224 Dr Heather Mae Storey Awarded 12/9/16. Anaesthetic trainee. Previous experience in altitude, jungle and expedition medicine including jungle trips in Belize, hiking in Kenya and medical research in Nepal. Keen mountaineer and interested in further altitude research. Email heather.mae.storey@gmail.com

0225 Dr Matthew Smith Awarded 22/11/16. Trainee in anaesthesia and intensive care medicine based in Manchester. Experience of high altitude expedition medicine and high altitude research. Interests in mountaineering, rock climbing and SCUBA diving in UK and abroad. Available for advice, training and expeditions. Email matt-smith@doctors.org.uk

0226 Dr Richard Moss Awarded 27/12/16. GP partner, based in Portree on the Isle of Skye. Previous mountain rescue experience. Interests include in mountaineering, skiing, mountain biking. Email drmossy@doctors.net.uk

0227 Dr Helen Jefferies Awarded 27/12/16. BMedSci (Hons) BMBS MRCP PhD, CCT (Renal Medicine; General Internal Medicine). Experience in high altitude mountaineering and expeditions, work in pre-hospital medicine since 2008, and operational Mountain Rescue doctor. Keen interests in teaching, research and alpine mountaineering. Email Hjefferies@doctors.org.uk

0228 Dr Samantha Boyce Awarded 27/12/16. Currently ICU registrar, New Zealand North Island. Clinical experience in high altitude medicine. Interests include climbing, mountaineering and Kayaking. Available for advice, teaching, expeditions. Email s.boyce@doctors.org.uk

0229 Dr Peter Bradley Awarded 27/12/16. ACCS Anaesthetic trainee. High altitude expedition experience. Working in hyperbaric dive medicine. Work at sporting events. Interest in teaching and presentation. Email peetiebee@hotmail.com



0230 Dr Neil Kennedy Awarded 27/12/16. FRCGP. GP Aberdeen. Previous expedition experience in West Africa and Antarctica. Current Interest Ski touring. Email neil.kennedy@doctors.org.uk

0231 Mr Hernan Morillo Awarded 6/2/17. Dental Surgeon BDS (Wales). General Dental Practitioner based in Cambridge UK. Interests include diving, ski touring and mountaineering. Email h.morillo@btinternet.com

0232 Dr Sarah Major Awarded 6/2/17. BSc (Hons) MBBCh D Phil. Outdoor enthusiast and qualified mountain leader. Anaesthetics/ICU fellow, currently working in retrieval medicine. Previous altitude, mountaineering, desert and jungle based expeditions. Search and Rescue experience with UK Mountain Rescue. Email majorsarah@gmail.com.

0233 Simon Ulyett Awarded 6/2/17. Surgical trainee, based in the South West of England. Trainee member of Dartmoor Mountain Rescue Team. Interests include high-altitude and remote expeditions. Available for advice, teaching and expeditions. Email simon.ulyett@gmail.com

0234 Dr Jenny Beesley Awarded 6/2/17. Trainee in emergency medicine and working at Invercargill (Kew) Hospital, southland, New Zealand. Ex-military with interest in mountaineering, rock climbing, skiing/snowboarding, ski touring and travel worldwide. NZ & UK passports. Phone: #64 (0)211 451644. Skype: jennysps. Email jenny.beesley@me.com

0235 Dr Adrian Clifford Awarded 22/2/17. Retired Lake District GP. Mountaineer since 1979. Skier and Triathlete. Member of The Alpine Club. Lake District Mountain Rescue experience as a team member for six years. Still active in Alps and Scotland in winter. Died 2017 RIP.

0236 Dr Michael Gardner Awarded 22/2/17. Anaesthetic trainee. Keen rock climber and mountaineer. Email mggardner@hotmail.com

0237 Dr Lizzie Irvine MB BS BSc FRCA Awarded 22/2/17. Anaesthetic doctor working in the UK. Special interests in remote and developing world medicine and physiology at extremes. Experience of working in India, Jordan and Israel. Practical interests in; mountaineering, climbing, trekking, cycling, mountain biking and fell/trail running. Available for expedition or relief work. Email lizzie.irvine@hotmail.co.uk

0238 Dr Joanna Boyd Awarded 22/2/17. BSc (Hons), MBChB, MRCP, MPhil. Based in Llanberis, North Wales. Currently working in anaesthetics in Bangor. Previous clinical experience as SpR and emergency medicine middle grade. Army reservist since 2009 and member of Llanberis Mountain Rescue Team since 2016. Teaching on paramedic and first aid courses. Keen mountaineer (rock, winter and alpine). Summer ML holder. Attended MIA and winter ML training. Experience throughout UK and Europe. Email jkfboyd@gmail.com

0239 Dr Tim Elvidge Awarded 23/2/17. MBBCh. Based in South Wales. SHO A+E with a future likely in A+E/Anesthetics. Keen hillwalker, mountaineer, climber, skier, runner, mountain biker and cycle tourer. Interested and available for



sporting events, expedition medicine events and expeditions. Email elvidge_tim@hotmail.com

0240 Dr Suzi Mackenzie Awarded 23/2/17. GP and Speciality Doctor in accident and emergency. Edinburgh. Email suzijmac@hotmail.com

0241 Dr Ian Blessley Awarded 23/2/17. BMBS. MSc. Foundation year doctor in east Midlands. Derby Mountain Rescue Team member. Multiple high altitude expeditions and work for IPPG in Machermo and Gokyo. Led a number of overseas treks and worked as expedition medical officer for Heart of Borneo Project Murung Raya Expedition. Keen to pursue further expedition work. Email ir_blessley@hotmail.com.

0242 Dr Yan Wong Awarded 27/5/17. Rural GP in New Zealand, interested in general mountaineering, white water kayaking, mountain biking and anything in the outdoor. Experience in altitude medicine and medical care on kayak expeditions, in Nepal, Africa and South America. Speaks Chinese, some Spanish, and "Kiwi English". Email docyanwong@gmail.com

0243 Dr Rebecca Egglestone Awarded 27/5/17. FRCA. Anaesthetic trainee in Wessex. Interested in pre-hospital care, rock climbing and general mountaineering. Email dregglestone@gmail.com

0244 Dr Will Bickerton Awarded 31/5/17. GP trainee based in North Devon. Interests include ski touring climbing and surfing but mostly any adventure! Email willbickerson@gmail.com

0245 Dr Jamie Goodhart Awarded 27/6/17. Edinburgh based and has been the medical lead on a number of remote expeditions. Interests include general mountaineering, ski mountaineering, remote expeditions, high altitude climbing and research. Teaches mountain and wilderness medicine. Email j.d.goodhart@gmail.com

0246 Dr Jim Moonie Awarded 27/6/17. London based emergency medicine doctor. Interests: Pre Hospital Care, expedition medicine and resource poor environments. Active climber and expedition medic. Most familiar with mountain environments but also worked in the Arctic, desert and jungle. Experience includes medical officer for Xtreme Everest 2013, ski field doctor in New Zealand, aeromedical retrieval doctor in Northern Territory Australia and ultra-marathon support. Available for advice, teaching and expedition work. Email jimnast99@yahoo.co.uk

0247 Penelope Granger Awarded 27/6/17. BDS MSc. General Dental Practitioner with extensive experience working in remote environments - Tristan da Cunha, the Antarctic, Northern Sweden, St Helena, rural India, Cape York. Currently based in Edinburgh. Have been involved with teaching and training doctors in "Expedition Dentistry" for 14 years. Remote clinical support and advice for doctors in the Antarctic through BASMU. Development of telemedicine support on Tristan da Cunha, service provision and staff training in conjunction with Dundee University. Various skied, trekked, climbed and pic-nicked in the Alps, Himalaya, Patagonia, New Zealand and the Arctic. Available for lectures, teaching, advice and clinical opinion. Email penelopegranger@hotmail.com

0248 Dr Emily Craven Awarded 27/6/17. Anaesthetics Trainee with previous A&E experience. Expedition doctor for endurance cycle events in tropical conditions. General love of outdoors including, ski touring, biking, climbing and running. Personal experience of leading novices trekking in Europe, New Zealand and Nepal. Available for advice, education and expeditions. Email ejc4848@hotmail.co.uk

0249 Dr Richard Booker Awarded 27/6/17. MBBS BMedSci MBBS MCEM MRCGP Dip IMC RCS Edin. Army General Practitioner and Pre Hospital Emergency Medicine doctor. Diving medical referee and medical officer for numerous diving expeditions. Email rjbooker@doctors.org.uk

0250 Dr Katie Sellens Awarded 27/6/17. Finishing GP training in Hampshire in August 2017. Interests orienteering, hill walking, skiing and diving medicine. Email katie.s.sellens@gmail.com

0251 Dr Lindsay Merry Awarded 27/6/17. Emergency medicine trainee. Glasgow.

0252 Dr Alison Ellwood Awarded 24/8/17. MBChb (hons) BSc MRCP Dip Mtn Med. Doctor with Royal Army medical Corps 2008-2013 now civilian with interest in respiratory and intensive care medicine. Doctor at IPPG Machermo, Nepal, Spring 2018. Previous work in Zanzibar and Bangladesh. Interest in rock climbing and mountaineering. Available for advice, expeditions, and lectures on high altitude and expedition medicine. Email Alison.ellwood1@gmail.com

0253 Dr Hazel Watchorn Awarded 24/8/17

0254 Dr Mark Bailey Awarded 24/8/17. MBChB. Medical SHO - NW England. Interests: mountaineering, trekking, climbing, cycling. Have experience of, and keen to work in high altitude, jungle and remote environments. Available as expedition doctor, and for advice. Email markbailey1@doctors.org.uk

0255 Dr Tim Spruell Awarded 24/8/17. Emergency medicine SPR with interests in Prehospital care, general mountaineering and expedition medicine. Previously travelled widely in Africa and available as expedition doctor. Tel: 07917 763866. Email timspruell@yahoo.co.uk

0256 Dr Simon Guest Awarded 19/9/17. Military General Practitioner. Based in Wiltshire, UK. Email siguest1@hotmail.com

0257 Dr Katherine Eirian Hawkins Awarded 19/9/17. Edinburgh based GP. Experience in rural and remote as well as deprived general practice. Interests: Summer and winter mountaineering and ski touring, trail running. Currently expeditions with toddlers. Most interested in expeditions to northern India, Nepal and Scotland. Email katiehawkins@nhs.net

0258 Dr Felicity Hughes Awarded 19/9/17. Emergency medicine trainee in the South West. Interested in expedition medicine with experience in remote environments as the medic on expeditions with a youth development focus. Keen



climber with additional interests in mountaineering and cycling. Email felicityhughes@doctors.org

0259 Dr Renee Farrar Awarded 19/9/17. Dual qualified as doctor and dentist. NZ and UK based. Email reneefarrar@doctors.org.uk

0260 James Bridger Awarded 19/9/17. HCPC registered Paramedic in the South West, (when DiMM awarded), keen climber, mountaineer, skier, kayaker. Lead on various expeditions around the world. Email jfbridger3567@gmail.com

0261 Dr Marieke van Vessem Awarded 19/9/17. MD, MSc. Based in the Netherlands. PhD candidate cardiology and cardiothoracic surgery. Member of NKBV (Dutch Climbing and Mountaineering Association) medical committee and UIAA medical committee. Interested in altitude research. Keen mountain biker. Email m.e.vanvessem@gmail.com

0262 Dr Abby Harper Awarded 19/9/17. Anaesthetics Trainee from Bristol with experience in pre-hospital medicine, remote medicine and sporting events in the UK and overseas. Keen climber, mountaineer and general outdoor enthusiast. Available for expeditions and sporting events. Mob (+44)07805229838. Email dr.abbyharper@gmail.com

0263 Dr. Juan David Nilssen Awarded 19/9/17. Foundation Year Doctor in Copenhagen, Denmark. Raised in the Faroe Islands. Planning to train in Anaesthetics. Interested in pre-hospital care, rock climbing and general mountaineering. Email jdn112@gmail.com

0264 Major Tom Woolley Awarded 19/9/17. Army Anaesthetist. Experienced in providing medical support to expeditions to high altitude and remote areas. Email thomasgdwoolley@gmail.com

0265 Andrew Muirhead-Smith Awarded 19/9/17. Email amuirheadsmith@gmail.com

0266 Catherine Williams Awarded 21/10/17

0267 Allocated

0268 Dr Tash Burley Awarded 16/10/17. BScHons, MBChB, MRCA, PGDipAeroRT, DIMM. GP trainee in the Highlands. Experience in EM, Anaesthesia, Retrieval Medicine, Remote and Rural medicine, Ski field, Mountain, and Expedition medicine. Budding skimo racer, trail runner, and half iron girl. Happy to be contacted tel: 07950452914. Twitter: @skimightythings . Facebook: Tash Pirie-Burley. Email burleynatasha@gmail.com

0269 Dr Elen Evans Awarded 16/10/17. Based in Nottingham. Email elenwyn@yahoo.co.uk

0270 Dr Evgeny Mashkovskiy Awarded 16/10/17



0271 Dr Paddy Morgan Awarded 16/10/17. South west based anaesthetist and pre-hospital practitioner.

0272 Alexander E Bewick Awarded 20/10/17. BM BS, B Medsci, MRCEM.

0273 Dr Matthew Spence Awarded 16/10/17. Emergency medicine physician, matthewcspence@gmail.com

0274 Dr Ailisa Stott Awarded 16/10/17. GP in Edinburgh. Diploma of Tropical Medicine. Previous MSF work in Ehtiopia and Pakistan. Interests in altitude and expedition medicine, travel medicine and sports medicine. Outdoor enthusiast, skier, cyclist and diver. Available as an expedition medic and for advice and talks. Email ailsajstott@gmail.com

0275 Emily Bebbington Awarded 16/10/17. MA (Oxon) BMBCh, MRCEM. Enthusiastic rock climber with some high altitude experience. Particular interest in extreme sports, public health research and interventions. Email ehbebbington@gmail.com

0276 Dr. Marloes Bolman Awarded 16/10/17. Consultant anaesthetist based in the Netherlands, at the Netherlands Cancer Institute in Amsterdam. Interested in ski touring, mountaineering, trekking, scuba diving, cycling. Email mmhbolman@hotmail.com

0277 Donatella Barbera Awarded 16/10/17. Consultant Surgeon. Email dddona@yahoo.com

0278 Dr Sundeep Dhillon Awarded 15/12/18 Email DrSDhillon@aol.com

0279 Dr Nics Wetherill Awarded 16/10/17. BM DMCC, due to complete GP training in Feb 2019. Doctor in the British Army, with experience in remote medicine and expeditions including leading a military team across Antarctica. General interests are skiing, climbing and mountaineering. Email nctwetherill@gmail.com

0280 Dr Jo Organ Awarded 16/10/17. Registrar in Anaesthetics/intensive care medicine in North west London.

0281 Rebecca Heath Awarded 16/10/17. BSc, MBChB, MRes, Phone +61423925901. Accident and Emergency Registrar based in Australia. Has worked in Himalayas, Papua New Guinea, Africa, Central desert of Australia and for Royal Flying Doctors Service. Based in Tasmania. Interests: Competitive road cycling, mountain biking, mountaineering, off-piste skiing and ski touring, general endurance events. Available for advice, teaching, expedition support. Email bexheath@hotmail.com

0282 Dr Christian Harkensee Awarded 20/10/17. MD PhD MSc DLSHTM FRCPCH, consultant paediatric immunologist & infectious diseases, based in Newcastle upon Tyne. Active climber and mountaineer. Available for advice, teaching and expeditions. Email c.harkensee@gmx.net



0283 Dr Roy Harris Awarded 20/10/17. Acute Medicine and Intensive Care trainee based in Edinburgh. Keen climber and mountaineer. Interests in Pre-Hospital and Expedition Medicine. Email royharris@doctors.org.uk

0284 Dr Alex Kumar Awarded 21/7/17. I have lived, worked and travelled through over 90 countries, worked on many expeditions, including 5+ visits and a year spent overwintering in Antarctica (as European Space Agency Research M.D.) and in the Arctic working in healthcare and research. I am a professional (expedition and global health) photographer with work published in NY Times, BBC News, The Guardian and National Geographic. I am experienced in public engagement where I have presented several television series for the Discovery Channel (Shackleton Epic & Everest Rescue) and am available for expedition medicine, research and consultancy work. For more information: www.alexanderkumar.com

0285 Dr Jack Whiteley Awarded 05/01/18. MBChB F2, GP based in Barnley. Born and bred in the flatlands (Hertfordshire) I discovered my love for mountains whilst studying medicine at Sheffield University. Email jcwhiteley@doctors.org.uk

0286 Dr Robert Doyle Awarded 05/01/18. MBBS SHO in Orthopaedics at Southend University Hospital. Graduated from University College London in 2014. Has been mountaineering since 2010 and climbed throughout the UK and in the Alps. Email robert-doyle@nhs.net

0287 Dr Rachel Garth MBChB Awarded 05/01/18. GP trainee in North Cumbria with an interest in rural general practice, anticipated date of full GP registration August 2019. I have volunteered for IPPG for the pre-monsoon season 2016 and I am currently working with JoLT on an expedition taking disadvantaged youngster and youngsters with complex medical needs across South America. I am a Scout Leader in Penrith and have a particular interest in youth expeditions. Email rgarth@doctors.org.uk

0288 Rachel Ashwell Awarded 05/01/18. MBChB Based in Scotland; keen climber, mountaineer, cyclist and kayaker, qualified Mountain Leader. Experience of expeditions and trekking in Tajikistan, Nepal, Morocco and Iceland. Experience guiding groups in UK mountains for over 10 years. Available for expeditions (mountain, kayak, cycle). Email rach.ashwell@gmail.com

0289 Dr Tomos Chivers Awarded 5/1/18. A&E Speciality Doctor at Cumberland Infirmary Carlisle and locum GP in the Lake District. Medical officer to Kendal Mountain Rescue Team. Previous experience as a medic on expeditions to the Greater Ranges and has spent a season at Machermo Himalayan Rescue post. Experienced climber and mountaineer. Available for advice, teaching and expeditions. Email tchivers@nhs.net

0290 Dr Ben Marshall Awarded 05/01/18. Yorkshire-based anaesthetic trainee with interest in physiological response to hypoxia. Experience as a high-altitude expedition medic as well as a collaborator on high-altitude research projects. Keen climber, runner and cyclist. Interest in teaching, in particular to medical students. Available for expeditions, teaching or advice. Email benmarshall@doctors.net.uk



0291 Francesco Fiorini Awarded 05/01/18. I'm an academic doctor in London interested in neuroscience. Mountains are my other true passion and I get a huge kick out of exploration, whether that's summiting alpine 4000's or working on novel medical research (and pretty much anything outdoors, from diving to gliding). Email f.fiorini@nhs.net

0292 Elinor Young Awarded 20/02/18. GP currently a Rural Practitioner on the Isle of Skye. Keen hillwalker and beginner rock climber with Scottish winter and alpine experience including the greater ranges. Previous member of Brecon Mountain Rescue Team, medic on expeditions to Cusuco National Park in Honduras, The Mustang Valley in Nepal, Kilimanjaro and Flights of the Swans Overland paramotoring expedition. Email elinor_young@yahoo.com

0293 Patrick Hayle Awarded 25/10/17. Cardiology registrar based in Chester and working in the North West. Keen amateur mountaineer. Team doctor for Mountain Rescue (NEWSAR) Email patrick.hayle@nhs.net

0294 Jiske Steensma Awarded 04/07/18. Paediatrician and ED doctor (children and adults). Registered specialist in the Netherlands, the UK and Norway. Polar, altitude and remote medicine experience (Médecines sans Frontières). Keywords: paediatrics, tropical medicine, emergency medicine, BC skiing, dogsledding, clogs and chuckles. Email jiskesteensma@hotmail.com

0295 Olivia Cheetham Awarded 5/9/18. Junior trainee in Anaesthesia (ACCS) and an aspiring HEMS and mountain rescue doctor with longstanding specialist interest and experience in Pre-hospital Care, Anaesthesia/ Emergency Medicine and Trauma. I have provided medical cover at the UK Spine Race Ultramarathon and am a trainee for the Bristol PHEM Scheme Pilot in addition to being an associate doctor for the Great Western Air Ambulance. I designed and co-lead the Avon and Somerset Search and Rescue Team Casualty Care Teaching Programme and am an instructor/ examiner for the regional Mountain Rescue Casualty Care Course. I maximise my free time with partaking in snow sports and being in the mountains. Skiing is my passion; I head to the Alps at least bi-annually and was fortunate to live in Chamonix for the 2016/2017 winter season where I significantly enhanced my backcountry experience. I'm always keen for new ideas and expeditions in the UK/ the Alps/ further afield. Email oliviacheetham@googlemail.com

0296 Jill Dale Awarded 24/10/18. Consultant Anaesthetist MBChB, BSc, MSc, PhD, AFRCA, EDRA. Work related interests: regional anaesthesia and education. Other interests: outdoor enthusiast, trekking, mountaineering, skiing/ski-touring, altitude and sports medicine including the role as equestrian medical officer. I am keen to become involved in research projects both home and abroad. Email jill.dale@doctors.org.uk jill.dale1@nhs.net

0297 Martin Davies Awarded 24/10/18. MBBS BSc (Hons) Anaesthetic trainee in North West England. Qualified Summer Mountain Leader with leadership experience working for World Challenge Expeditions. Active mountain rescue team member. Interested in pre-hospital and transfer/retrieval medicine. Rock climber, mountaineer, cyclist and runner. Email martin.davies@doctors.org.uk



0298 Daniel Day Awarded 24/10/18. MBBS MRCEM DipRTM, PGCert Clin Ed. Edinburgh based Emergency Medicine Registrar with ICM, retrieval and remote / expedition medicine interests. Previous doctor for Himalayan Rescue Association, Central Australian Retrieval Service, and for UN in Somaliland. Medic on multiple high-altitude expeditions. Keen skier, mountain biker, climber and occasional fell runner. Available for advice, teaching and expedition work. Email danielday@doctors.org.uk

0299 George Francké Awarded 24/10/18. MBChB with European Studies (German). London-based anaesthetics trainee and outdoor enthusiast; namely mountaineering, skiing and surfing. Previous medical volunteer for Kilimanjaro Search and Rescue. Trekking experience in the Himalayas, Kilimanjaro and High Atlas. Available for expedition medicine, advice and teaching. Tel: 07896307300. Email georgefrancke@nhs.net

0300 Julia Freyer Awarded 24/10/18. MBChB. Anaesthetic trainee based in South Wales. Interested in pre-hospital care, expedition and sports medicine, as well as, medical education. Previous experience as match day doctor at national and international ice hockey games. Enthusiastic climber, mountaineer, cyclist and runner. Available for expeditions and teaching. Email freyer.julia@gmail.com

0301 Matthew Henderson Awarded 24/10/18. Mr Matthew Henderson Consultant Trauma & Orthopaedic Surgeon MBChB FRCS FRCS (Tr & Orth) Work related interests - Foot & Ankle Surgery, Children's Orthopaedic Surgery, Trauma, Surgical care in the austere environment. Other interests - Mountaineering, climbing, trekking, running, cycling, canoeing, skiing, ski-touring. Always up for a challenge. Very happy to help with research projects. Email matthewhenderson@doctors.org.uk

0302 Ylva Konsberg Awarded 24/10/18. MBChB. Anaesthetics and Intensive Care trainee in Gothenburg, Sweden. Skier, runner and mountaineering enthusiast with a keen interest in pre-hospital care and expedition medicine. Email ylva.konsberg@gmail.com

0303 Jennifer Mullan Awarded 24/10/18. Emergency Medicine Doctor based in Sheffield. Rock climber, mountaineer, skier, and white water kayaker. Member of Edale Mountain Rescue Team. Email jennifermullan@hotmail.co.uk

0304 Dr Anthony Page Awarded 24/10/18

0305 Maurice van der Leelie Awarded 24/10/18. I am a 42 year old GP from The Netherlands with a high personal interest in anything involving mountains and sports since I was a child. As a doctor I became a GP in the flatlands of Holland but kept my interest in mountains and with that my interest in mountain medicine grew, particularly after several serious incidents on Jbel Toubkal in 2015 and Gan Paradiso in 2016, in which I got involved as an instant non-trained mountain doctor. This made me decide to finally follow the DiMM programme at the RCSEd (UK) in 2017-2018, followed by a second academic year in Mountain Medicine. Next to being a GP I am also a registered Travel medicine doctor (Dutch LCR registration) since 2009 and I run my own small Travel Clinic for medical travel advice and vaccination. I am a member of the Wilderness Medical Society since 2007. Living in The Netherlands my personal focus on outdoor sports is mainly on



Scotland (trekking and climbing), Belgium (rock climbing /mountain biking) and the Alps (trekking/climbing). I speak fluently Dutch, English, German and French. As a DiMM holder I am available for trekking/climbing expedition advice as well as an actual team/ expedition doctor for shorter to medium length expeditions. I am also available for general travel advice and educational programs / lectures. Phone : +31 (0)644629202. Email mpcleelie@gmail.com

0306 Alison Wright Awarded 24/10/18. Paramedic Practitioner located in Lincolnshire, UK. Currently working as a Complex Care Matron, Emergency Care Practitioner, and Paramedic. Past experience includes working in New Zealand leading an Emergency Response Team in a remote area, providing medical provision at various sporting events, and volunteering for charity medical camps in Kenya. Enjoy a wide range of sports, and being outdoors. Email alisonclairewright@outlook.com

0307 Dr Sarah Hookham Awarded 30/12/18. MBBS. Available for teaching, advice and expeditions. Email sarah.hookham@hotmail.com

0308 Dr William Solyom Awarded 30/12/18. MBBS MRes. Email wsolyom@doctors.org.uk

0309 Dr Matthew Ball Awarded 16/1/19. BMBS MSc. UK based trainee currently working in ICU. Keen rock climber and fell runner, long distance trekking and kayaking experience in the UK and abroad. MREW aspirant member and Casualty care tutor. Email mtball@doctors.org.uk

0310 Ursula Moore Awarded 21/1/19. MBBChir. I am an experienced ski mountaineer and mountain runner who enjoys any excuse to get outside. I have an interest in working with children and am currently a Paediatrics trainee in the UK. As well as completing the DiMM in 2018, I have worked as medical support for ultra marathons in remote environments. Please get in touch if you want medical support for mountaineering or running trips, particularly on skis. Email ursularmoore@gmail.com

0311 Owen Thomas Awarded 04/04/18. SouthWest UK based Anaesthetic trainee, with medicine and ED experience. I have a general love of outdoors and interest in altitude medicine research. Research Member and Trustee of Birmingham Medical Research Expeditionary Society including research expeditions to Bhutan, Ecuador and the Alps. CSIA Ski instructor and interested in mountaineering, ski touring and triathlon. I'm keen for further trips, research expeditions and teaching opportunities. Email owen_thomo@hotmail.com

0312 Jonathan Loveday Awarded 20/2/19. Soon to be Emergency Medicine trainee somewhere in the UK. Keen mountaineer/trekker and cyclist with experience in the Himalayas, Caucasus, European alps and East Africa. Solidifying mountain medicine knowledge and skills in Gokyo for the pre-monsoon season. Motivated to undertake expedition doc duties. Email jonathanloveday@hotmail.co.uk

0313 Soh Hian Lim Awarded 02/04/19



0314 William Uttley Awarded 12/10/16 Email williamuttley@btinternet.com
Keen skier, sailor, mountaineer and father. Working as GP in Edinburgh. Passed Diploma Mountain Medicine (RCSEd) 2017. Available to carry out medicals in Edinburgh and can attend expeditions but currently would need 6 months notice

0315 Louise Channon Awarded 24/10/2018

0316 Samuel Parker Awarded 24/10/2018

0317 John Carr Awarded 06/11/2019

Paramedic, Winter mountain leader, overseas expedition leader, outdoor education practitioner and First Aid and pre hospital trainer. Personal interest in both summer and winter mountaineering and climbing, medical provision for endurance and remote events. Please contact via: John73carr@yahoo.com

0318 Dr Katherine Booth Awarded 06/11/2019

Based in Scotland. Please contact via: katherine.booth3@nhs.net

0319 Duncan Brown Awarded 06/11/2019

0320 Stacey Cromey-Hawke Awarded 06/11/2019

0321 Hardeep Dhanjal Awarded 06/11/2019

0322 Dr Abigail Forsyth MBBS Bsc(Hons) Awarded 06/11/2019

Midlands based anaesthetic doctor. Keen interest in most outdoor activities, qualified Summer Mountain Leader. Experience as expedition doctor and leader worldwide and doctor to variety of ultra-endurance running events in the UK. Keen for further opportunities. Please contact via: Aforsyth1@doctors.org.uk

0323 Meg Hibbert Awarded 06/11/2019

0324 Nicola Kelly Awarded 06/11/2019

Anaesthetic trainee currently on an OoPE in Mbale, Uganda until August 2022. Long distance runner, cyclist, mountaineer and Nordic ski touring enthusiast. nicolalouisekelly296@gmail.com

0325 Dr Sarah Kennie MBBS BSc (Hons) MRCP Awarded 06/11/2019

Wessex Anaesthetics trainee. Hoping to also complete PHEM training. Keen runner, skier and rock climber. Working towards more alpine experience in 2020 and beyond. Happy to be contacted regarding expedition/event medicine opportunities. Please contact via: kenniesarah@gmail.com

0326 Roger Kockelbergh Awarded 06/11/2019

Consultant urologist based in Leicestershire and Cumbria, close to retirement and planning a second career in mountain medicine. Experienced skier, hillwalker and competitive cyclist. Rock, ice and alpine climber. Always looking for an adventure , available for expeditions or events. Please contact via: rogerk@doctors.org.uk

0327 Dr Christopher Lewis Awarded 06/11/2019



Based in the Scottish Highlands for obvious recreational reasons! Remote and rural clinical experience. Altitude research expeditions to the Alps, Andes and Himalayas with successful 6000m summits. Peer-reviewed publications in travel health, altitude medicine, pre-hospital care and trauma. Competent Spanish speaker. PADI Divemaster. Increasingly concerned about the environmental impact of adventure travel, but available for purposeful international work where this is carefully considered and mitigated. Please contact via: ctmlewis@gmail.com

0328 Dr Jonty Mills MA MB BChir FRCPath MRCS(Glasg) DTMH DMM FRGS
Awarded 06/11/2019

I am a fully qualified UK Mountaineering & Climbing Instructor and International Mountain Leader. I run my own company (On High Hills) offering mountain guiding and instruction in the Scottish Highlands, as well as in the Alps, Morocco and elsewhere. My medical background is in Infection, and any UK medical work now is as a Locum Consultant Medical Microbiologist. Available for mountain guiding and/or expedition & mountain medicine advice and opportunities. Contact me through my website www.onhighhills.com or jonty@onhighhills.com

0329 Dr Samantha Moore BA(hons) MBBS Awarded 06/11/2019

Anaesthetist and expedition medic with an interest in human and exercise physiology in extreme environments. Please contact via: sammiad@gmail.com

0330 Quentin Otto Awarded 06/11/2019

Anaesthetics trainee in Severn Deanery. Interest in adventure and wilderness, nothing too technical! Cycling (tour/MTB), kayaking/canoeing, skiing, alpinism, climbing. Please contact via: ottoquentin@gmail.com

0331 Ankit Patel Awarded 06/11/2019

London-based ENT registrar with a love for the outdoors and mountains. Interested in pre-hospital care and expedition medicine. Trekking/mountaineering experience in UK/Nepal/Alps. Participated in medical trips to Kilimanjaro and Nepal. Always up for a challenge. Please contact via: ankitpatel@doctors.org.uk

0332 Tomasz Smith Awarded 06/11/2019

I completed the diploma in 2019. I graduated from UCL medical school and completed my foundation training in Leeds before returning to London to work in emergency medicine and trauma. I am currently working at the NW London major trauma centre at St. Mary's hospital. I remain an active climber with my main interests being Scottish mixed climbing and alpine mountaineering. I am open to joining both commercial and exploratory expeditions as allowed by existing professional commitments and personal climbing plans. Please contact via: tomaszadamsmith@googlemail.com

0333 Matthew Walton Awarded 06/11/2019

0334 Holly Warder Awarded 06/11/2019

0335 Dr Hannah Lock Awarded 06/11/2019

Emergency Medicine Junior Clinical Fellow based in North Wales due to start GP training in August 2020. Outdoor enthusiast, climber, mountaineer, skier, cyclist, fell runner. Available as an Expedition Doctor with a special interest in high altitude expeditions.

0336 Jo Cresswell Awarded 06/11/2019

0337 Julia Freyer Awarded 06/11/2019

0338 John Hayes Awarded 06/11/2019

John is an Emergency Medicine doctor based in the UK with an interest in mountain running and alpinism. He has experience in Europe and further afield providing support to mountain races. Please contact via:

john.hayes@doctors.org.uk

0339 Sophie Miller Awarded 06/11/2019

0340 Dr Christopher Morrell Awarded 24/10/18

Anaesthetics registrar with a special interest in Expedition and Remote Medicine. I have experience leading and providing medical support for expeditions to the Himalayas, Kilimanjaro, Morocco, the Alps, China and Iceland. Qualified rescue diver. Interested in assisting with organised trips to extreme environments, particularly polar and high altitude. Would like to become actively involved in research opportunities overseas. Please contact via: chrisjmorrell@doctors.org.uk

0341 Dr Katherine Barton Awarded 20/12/2018

0342 Dr Andrea Wolfe Awarded 24/10/2018

Army General Duties Medical Officer based in Yorkshire. Looking for opportunities in expedition medicine (particularly high altitude and remote), medical cover for endurance sports, and high altitude research. Has experience leading a small med team in remote environments and providing medical cover to mountain ultra-marathons. Personal interests include fell running, skiing, climbing, and alpine mountaineering. Please contact via: andreaewolf@gmail.com

0343 Dr Brad Williamson Awarded 24/10/2018

Semi-retired orthopaedic surgeon based in the North Lakes. Improving mountaineer and skier. Member of Keswick MRT. Email jbw@manchesterspine.co.uk

0344 Dr Ralph Michael Jepson Awarded 30/11/2022

Consultant Paediatric Anaesthetist based in the Midlands. Trad climber, mountaineer, skier & ski-tourer. Member of Buxton MRT (operational support). Contact via email; drmikejepson@gmail.com

0345 Robin Barraclough Awarded 30/11/2022

0346 Dr Samuel Covins Awarded 30/11/2022

Emergency Medicine Doctor and Expedition Medic based in Edinburgh, UK. Contact via email; s.f.covins@doctors.org.uk

0347 Dr Sarah Emily Gillian Yates Awarded 30/11/2022

MRCGP DTM&H. Working as a Rural GP on the Isle of Skye, Scotland. Extensive military expedition experience in the Arctic, Canada, South America, Nepal,



Mongolia and the European Alps. Main interests are ski and alpine mountaineering.

Contact via email; segyates@gmail.com

0348 Dr Hayley Elizabeth Jones Awarded 30/11/2022

GP partner North Wales, team doctor South Snowdonia Search & Rescue team, lecturer in mountain rescue medicine, British Mountain Medicine Society social media lead.

Contact via email; hejones14@doctors.org.uk

0349 Dr Mathew Walne Awarded 30/11/2022

Emergency Medicine Clinical Fellow based in Bristol. Experienced climber and mountaineer, including winter skills. Available as an Expedition Doctor with a preference for treks/climbs to high altitude. Mob: 07837 322651.

Contact via email; matt_walne@hotmail.co.uk

0350 Dr Joseph Peter Barlow Awarded 30/11/2022

Currently a junior clinical fellow in critical care, based in the Highlands. Hoping to go onto anaesthetics training. Keen rock and winter climber, ski tourer and surfer. Particularly enjoy exploring and climbing in out of the way parts of the highlands.

Contact via email; joseph.barlow@nhs.scot

0351 Dr Katie Bowen Awarded 30/11/2022

Doctor based on the west coast of Scotland, but currently working for the British Antarctic Survey Medical Unit at Rothera Research Station. ML(S), RCI, ski patroller and member of Oban Mountain Rescue Team. Contact: katie_bowen@live.co.uk

0352 Dr Anna Eveline Röell Awarded 30/11/2022

Anaesthetics trainee from the Netherlands with a special interest in pre-hospital and extreme medicine. Outdoor enthusiast, climber, mountaineer, skier, cyclist.

Contact via email; evelineroell@gmail.com

0353 Dr Noah John Evans-Harding Awarded 30/11/2022

ENT/Otolaryngology trainee, Glasgow. Climber and runner. Interested in ethics of climbing and mountaineering.

Contact via email; noahevansharding@gmail.com

0354 Dr Brett Jackelman Awarded 30/11/2022

Anaesthetist and Critical Care Registrar currently based in Yorkshire. Keen cyclist, climber, mountaineer and runner. Awarded the DiMM in 2022.

Contact via email; brett.jackelman@nhs.net

0355 Dr Nicholas Stafford Awarded 30/11/2022

Anaesthetist with a particular interest in medical education projects and simulation. Living on the South coast regularly climbing and kitesurfing. Always keen to head to the mountains for research or recreational purposes. Please get in touch.

Contact via email; n.stafford@hotmail.co.uk

0356 John Gorman Awarded 30/11/2022

Registered Advanced Paramedic, Ireland. Prehospital experience gained in Europe, UAE and Australia.

Contact via email; john.gorman11@icloud.com



0357 Dr David Strachan Awarded 30/11/2022

Army Surgical Reg, Mountain Rescue and BASICS Scotland Doctor. Climber, Mountaineer and wilderness lover; passionate about getting people to extraordinary places

Contact via email; dstrachan@doctors.org.uk

0358 Dr Deniz Ustuner Awarded 30/11/2022

Dr Deniz Üstüner MBBS BSc (Hons), FAWM. Qualified Summer ML. Emergency Medicine Trainee in Scotland. Previous experience in Dartmoor Search and Rescue Team. Keen Climber/Trail Runner/Mountaineer. Available for teaching, research, event medicine and expeditions!

Contact via email; dz.ustuner@gmail.com

0359 Sophia Harriet Mohun-Kemp Awarded 30/11/2022

0360 Dr Vicki Hau Awarded 30/11/2022

Current GP Registrar (2022) and Emergency Medicine Speciality Doctor based between Dorset, UK/British Columbia, Canada. Extensive rock and ice-climbing background, keen back-country snowboarder. Experience as an expedition and event medic in alpine, winter, desert and high-altitude environments. Previous Search & Rescue experience. Passionate in promoting equal opportunities and youth development within outdoor pursuits. Open to any challenge.

Contact via email; vhau@doctors.org.uk

0361 Dr James Wheeler Awarded 30/11/2022

Anaesthetic trainee in the North East, Doctor with the Tees and Weardale Search and Mountain Rescue Team.

Contact via email; jamesstuartwheeler@gmail.com

0362 Dr Tun Myint Awarded 30/11/2022

Emergency Medicine middle grade. Experience in providing medical support on trips and multi-day ultra-running races including 2 winter stints in the Swedish arctic working alongside the Sami, 2 stints across the Kenyan conservancies working with the rangers, Namibian desert, Guatemalan jungle and as a remote clinic doctor in the Simien Mountains, Ethiopia. Heading out to Kyrgyzstan to support a race across the Tian Shan mountains, 2023. Pretty average but keen climber, alpinist, skier, trail/ultra runner and cyclist. Took a career break in 2018 for a solo cycle trip from the UK to the Ugandan/Rwandan border. A rather eventful trip, not limited to detainment and passport confiscations at some army barracks, getting chased out of a village by a bunch of lofty AK-47 wielding chaps, being surrounded and interrogated by 20 Karamajong tribesmen in the dark who mistook me for a cattle bandit, and a wee run in with malaria. Up for any fun sounding trip that will benefit from having a medic on board.

Contact via email; tun.myint2@nhs.scot

0363 Dr Benjamin William Jones Awarded 30/11/2022

I am a GP working in the Bristol area. My main passions are hill walking and rock climbing. I am passionate about mountaineering although still fairly early on in my alpine career! I have had a taste for high altitude mountaineering in the Bolivian Andes and I am keen to experience more both as a medical leader and on an individual level as a climber. Contact via email; benjaminjones1991@gmail.com

0364 Dr Danielle Emma Hawarden Awarded 30/11/2022

Royal Air Force Medical Officer and Emergency Medicine Specialist Trainee, UK.
Interests: High Altitude, Polar, Remote, Aviation and Space Medicine. RAF
Mountain Rescue Team Member. Contact via email; danielle.hawarden1@nhs.net

0365 Dr Philip Leadbeater Awarded 30/11/2022

Anaesthetics and Intensive Care Medicine Registrar, North East London.
Recreational skier and mountaineer with expedition and high altitude rescue post
experience. Contact via email; pleadbeater@doctors.org.uk

0366 Pieter-Jan Van Balen Awarded 30/11/2022**0367 Hannah Kittson** Awarded 30/11/2022**0368 Sasha Selby** Awarded 30/11/2022**0369 Phillipa Sebriakoff** Awarded 30/11/2022**0370 Rose Stanley** Awarded 30/11/2022**0371 George Chapman** Awarded 24/1/2023

Intensive care/acute medicine Dr. Graduated 2011. Oxford-based, which is flat and
pretty useless for mountaineering so always looking for expeditions to more pointy
landscapes. I spent a season in Nepal with the International Porter Protection
Group treating high altitude pathology and have experience as the medic for
international trips and UK distance events. I love working outside and am always
keen to explore. Can be reached on george.chapman@doctors.org.uk

0372 Nadia Allan Awarded 15/11/2023**0373 Matthew Bye** Awarded 15/11/2023

Emergency Medicine trainee based in North Wales. Experienced summer, winter
and alpine climber, looking for opportunities to practice expedition medicine. ML
award holder. Email: matthew.bye@hotmail.com

0374 Jingjie Cheng Awarded 15/11/2023**0375 Adam Crellin** Awarded 15/11/2023

BSc (Hons), BM BCh, MSc (Space Physiology and Health). Anaesthetic trainee with
expertise in extreme environmental physiology. Experienced in delivering remote
healthcare on expeditions and formerly in the British Army. Keen mountaineer,
rock climber, and scuba diver. Available for expeditions, teaching and research.
Contact via e-mail: adam.crellin@doctors.org.uk
<https://www.linkedin.com/in/adamjcrellin/>

0376 Bruno Cullinan Awarded 15/11/2023

Anaesthetics and critical care doctor with an eye for all things mountains.

0377 George Davidson Awarded 15/11/2023

MbChB BSc MRCEM

GPST2 (2023) in Bath having spent 3 years in North Wales as a clinical fellow.



Main interests are 'anything snow-based' in winter, walking and running in the summer. Keen to combine clinical work with anything adventurous.

0378 Ellie Debenham Awarded 15/11/2023

0379 Billy Holt Awarded 15/11/2023

0380 Caroline Hook Awarded 15/11/2023

0381 Sophie Horrocks Awarded 15/11/2023

Awarded 2023. ACCS Anaesthetics Trainee, South Easy Scotland School of Anaesthesia.

0382 Eleanor Jones Awarded 15/11/2023

Dr Eleanor Jones MBChB, MSc, BSc, DIMM. Sheffield based doctor with Edale Mountain Rescue Team. Previous career working with elite athletes in sports physiology and sport nutrition. Clinical interests: pre-hospital, emergency and critical care medicine, expedition and sports medicine. Outdoor interests: endurance sports and challenge events, climbing, mountaineering. Available for advice, teaching, lectures and expeditions. Email eleanor.jones@doctors.org.uk

0383 Timothy Knight Awarded 15/11/2023

Current GP Registrar (2023) and Specialty Doctor in Emergency Medicine. Predominantly a hiker and climber in Summer and Winter but also a keen skier and always looking for the next adventure!
Can be contacted via email: timothyek92@gmail.com

0384 Christopher Parry Awarded 15/11/2023

Emergency Medicine Consultant based in Cumbria. Also summer mountain leader, mountain bike leader and aspirant international mountain leader with experience kayaking grade 4/5 white water, kite skiing, ski touring, motorbikes, kitesurfing/foiling and driving tall/wide things a really long way! Like to think I can take a good photo too. Available for expedition advice or cover - particularly if you have some left field ideas involving the above disciplines.

0385 Lear Robertson Awarded 15/11/2023

London-based GP trainee with an interest in rock-climbing, Winter climbing and alpinism. learrobertson1@gmail.com

0386 Luke Stevens Awarded 15/11/2023

0387 David Stewart-Watson Awarded 15/11/2023

Dr David Stewart-Watson
Anaesthetics trainee based in the Peak District. Keen climber, runner and mountaineer. Enthusiastic about working outdoors and supporting others to experience remote places. Can be contacted at dstewart-watson@doctors.org.uk

0388 Alan Stone Awarded 15/11/2023

I work as a GP on remote Scottish Islands. I love all things outdoors (kayaking, climbing, running, mountain biking) and am found in my local playground of the Brecon Beacons (Bannau Brycheiniog) most weekends. I am Basics trained. I travel extensively and am wishing to combine my passions with my professional career.



0389 Rhys Taylor Awarded 15/11/2023

0390 Daniel Walker Awarded 15/11/2023

Dr Daniel Peter Walker

BMBS, MRCP, MSc, DRCOG, FHEA.

General Practitioner. Primary Care Researcher and Medical Educator. Team doctor for Llanberis Mountain Rescue Team. Experience of working at altitude for the International Porter Protection Group and other low resource settings in Central America. Keen mountaineer, climber and alpinist. Available for teaching, research, event medicine and expeditions. Email: danielpeterwalker@gmail.com

0391 Jessica Wynter-Bee Awarded 15/11/2023

GP in Bristol, UK (qualified 2019). Keen rock-climber and long-distance cyclist.

Has experience in alpine, desert and high-altitude environments. Particularly interested in sustainability. Contact via email: jess.wynterbee@gmail.com

0392 Marika Blackham Awarded 25/10/2024

0393 Rebecca Boys Awarded 25/10/2024

0394 Natasha Brook Awarded 25/10/2024

Registered Nurse, former military Nursing Officer and RAF MR team member. Tropical Medicine/Infectious Diseases/Travel Medicine certs from Defence Medical Academy. Multiple high altitude expedition and cold weather environment experience (Nepal, Kyrgyzstan, Norway). ML (qualified) and trainee WML, IML. I run my own company (Find Your Mountain) providing trekking experiences. Passionate about women's health and supporting women in the outdoors.

0395 Saira Butt Awarded 25/10/2024

0396 George Caren Awarded 25/10/2024

0397 Catherine Chatfield-Ball Awarded 25/10/2024

0398 Samantha Dickson Awarded 25/10/2024

0399 Yasmin Down Awarded 25/10/2024

0400 Red Evans Awarded 25/10/2024

HCPC Registered Paramedic. Experience in Ski Patrol Mountain Rescue, Wildland Firefighting, Technical Rescue, British Army Service and UK Prehospital Paramedic Practice.

0401 Christopher Hooper Awarded 25/10/2024

Chris is a doctor (and paramedic) with experience in pre-travel planning, remote medical advice, and delivering medical care in remote and high-risk environments. He holds the Diploma in Mountain Medicine (DiMM), the Diploma in Immediate Medical Care (DipIMC), and Membership of the Royal College of Emergency Medicine (MRCCEM). In addition to clinical work, he is an active instructor on various life support and pre-hospital care courses. He has served as a committee member and trustee for a lowland search and rescue team and has experience working with



young people through volunteering as an adult instructor for youth groups. He has a broad range of outdoor interests, with mountaineering activities including traditional climbing, general mountaineering, and skiing.

0402 Jonathan Messing Awarded 25/10/2024

New Zealand trained Intensive Care Consultant and Expedition Doctor. Medical expedition experience with cycle touring, at altitude, and with aviation and nautical medicine. jon.messing@gmail.com

0403 Matthew Daly Awarded 25/10/2024

HCPC Registered Paramedic, with experience in providing primary care in overseas, remote and low resourced settings. Trainer in BLS & ILS as well as first aid for Hostile Environment Awareness Courses. Personal interests in both summer and winter mountaineering and climbing, with experience in the Alps. Please contact via: mjdaly14@hotmail.com

0404 Isabella Parkes Awarded 25/10/2024

Anaesthetics trainee in North Wales. Experienced climber and skier. imgparkes@gmail.com

0405 Emma Röttger Awarded 25/10/2024

Emergency medicine physician. Keen (ultra)runner, hiker and mountaineer. Experience in cold climates (both polar regions), hot climates (Sahara desert), altitude as well as some below sea level medicine (dive medicine). Email: emmarottger@gmail.com

0406 Georgina Shepherd Awarded 25/10/2024

Sheffield based ACCS Emergency Medicine trainee with interests in ski touring, rock climbing and alpinism, cycling and trail running. Looking for opportunities to practice expedition and wilderness medicine. georgina.shepherd.95@gmail.com

0407 Neil Tan Awarded 25/10/2024

0408 Nicholas Thorburn Awarded 25/10/2024

Paramedic and Army Reserve Officer. Formerly on ambulances in London, as well as GP OOH, UTC, A&E and now primary care. Also a BASI with a good deal of touring experience on expeds in Europe, Asia etc. Available for advice esp. on Japan in winter.

0409 Derek Tole Awarded 25/10/2024

Consultant Ophthalmologist [Cornea & External Eye Diseases], Bristol Eye Hospital, Lower Maudlin Street, BS1 2LX, UK Derek.Tole@uhbw.nhs.uk +44 117 342 9140

0410 Alison Tucker Awarded 25/10/2024

North Wales based Mountain Rescue doctor and Anaesthetist.

0411 David Watchorn Awarded 25/10/2024

0412 Mark Willis Awarded 25/10/2024

0413 Luke Addison Awarded 25/10/2024



List updated 12/03/2025